



RECREATION DEPARTMENT

MONTHLY REPORT

September 2019

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Christopher Bako, Parks & Grounds Supervisor
Andrea Harrison, Recreation Supervisor (special events)
Holly Norton, Community Specialist
Joshua Key, Parks & Facilities Specialist

ATHLETICS

Adult Softball began Thursday, September 12th. There are 4 teams participating with a total of 80 players in the fall league.

Adult Spring 3 on 3 Basketball will resume in the spring 2020.

Adult Spring 6 vs. 6 Soccer began Tuesday, September 10th. There are 8 teams participating with a total of 96 players.

Adult Fall Table Tennis Singles League began Tuesday, September 10th with a total of 14 players.

Youth Athletics

Fall 2019 Youth Soccer

One hundred eighty-nine (189) children are playing fall soccer for the IOP Recreation Department. Ages range from 3-12years old. Practices began September 3rd. Picture day was held on September 24th and youth soccer games have begun.

Youth Soccer Registration

3-4yr Fast Start	Total: 39	IOP: 35	SI: 1	Non-resident: 3
5/6 Soccer	Total: 51	IOP: 45	SI: 3	Non-resident: 3
7/8 Soccer	Total: 38	IOP: 28	SI: 4	Non-resident: 6
9-12 Soccer	Total: 61	IOP: 43	SI: 8	Non-resident: 10

Winter 2019/2020 Youth Basketball

Youth basketball registration will begin on October 7th for IOP/SI residents and Non-Residents can register beginning on October 14th. Registration for youth basketball will conclude on November 1st.

PROGRAMS AND CLASSES

Acting Performance Workshop

Eleven (11) youth are participating in the Acting workshop. Class began Thursday, September 12th at 4:00 p.m. The group will perform Macbeth on Thursday, November 21st at 5:30 p. m. for friends and family. Jean Schubert, Instructor.

Ballet

Class is scheduled to begin Monday October 21st. Kim Chesley-Breland, Instructor.

Barre & More

Nine (9) people have been participating in the Barre class. Class is held on Mondays and Wednesdays at 9:15 a.m. in the Palmetto Room. Angela Reinhardt, Instructor.

Boot Camp

Four (4) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Class is held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Core & More

Six (6) people have been participating in the Core & More class scheduled on Monday and Thursday mornings at 10:30 a.m. Class is held in the High Tide/Low Tide Room. Jeromy Miller, Instructor.

Dog Obedience

Kinderpuppy began Monday, September 30th at 6:30 p.m. and 7:30 p.m. Both classes are full with six (6) participants.

Canine Acting & Tricks and Canine Good Citizenship is scheduled to begin Tuesday, October 1st at 6:30 p.m. and 7:30 p.m. Both classes are full with six (6) participants. Susan Marett, Instructor.

FitBody in 50

Ten (10) people have been participating in the FitBody class offered on Tuesdays and Thursdays. Currently seven (7) people have been participating in the 9:30 a.m. class and three (3) people in the 5:30 p.m. class. Class is held in the High Tide/Low Tide Room. Geri D'Italia, Instructor.

Game Room

Card games, dominoes, scrabble. A time to sit, drink coffee, socialize and enjoy games with friends. Activity will be held on Fridays from 1:00pm – 3:00pm in the Tadpole Room.

Gardening & Landscape Design:

Class was scheduled to begin on Wednesday, September 11th at 7:00 p.m. Class was cancelled due to low participation. The class is designed to teach participants low maintenance gardening and landscape design using native plants. How to properly plant and care for flowers, shrubs and vegetables, principles of design and native plant identification. Seth Mason, Instructor.

Gather Knit & Stitch

Eight (8) ladies have been meeting in the lobby to socialize and knit. The group is free and self- led. Participants are more than happy to assist in technique and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

Giggling Artist Pre-K

The pre-K art class started Thursday, September 5th at 12:00 p.m. Two (2) people registered for the class. Class was put on hold until October to hopefully get more participation. Class will be held in the Tadpole Room. Diana Connors, Instructor.

Gymnastics

Eighteen (18) children are registered for Gymnastics. The session began September 10th at 3:30 p.m. The next class is scheduled to start October 22nd, five (5) participants are preregistered. Class is held in the Palmetto Room. Tricha Tapio, Instructor.

IOP Kids: 3-year old Pre-K Program

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and nine (9) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms Holiday schedule. Cathy Adams, Instructor.

Little Lotus Yoga

Little Lotus Yoga was scheduled to begin Wednesday, September 4th however class was put on hold until October to hopefully get more students enrolled. Kim Markin, Instructor

Line Dancing

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. – 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

Mah Jongg

Twelve (12) ladies have been participating in the mah jongg social group. The ladies are happy to give tutorials and help beginners learn the game. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

Mini Minnows

Mini Minnows was scheduled to begin Wednesday, September 4th at 12:00 p.m. Due to Hurricane Dorian class began Monday, September 9th at 12:00 p.m. Ten (10) children are participating in the program. Class is held on Mondays/Wednesdays and Fridays from 12:00 p.m. – 3:00 p.m. Cathy Adams, Instructor.

Mommy /Daddy & Me

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. – 11:00 a.m. The program is free and meets in the Tadpole Room.

Over 50 Fitness

Twelve (12) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Class was developed to give a more advance alternative to the Monday/Wednesday enhance fitness class. Judy Fischer, Instructor.

Pickle Ball Lessons:

Pickle ball at the Beach: One person has been participating in the pickleball lessons for September. The October session has three (3) people pre-registered and the session is set to begin Tuesday, October 1st. Geri D'Italia, Instructor.

Science with Sam

Science class will start Tuesday, October 1st at 12:00 p.m. Class will meet in the Tadpole Room. Samantha Barrineau, Instructor.

Senior Exercise: Enhance Fitness

Enhance Fitness is a county wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class is currently on a waiting list. Judy Fischer, Instructor.

Spanish: Conversational Class

Spanish I began Wednesday, September 11th at 6:00 p.m., Four (4) people registered.

Spanish II is scheduled to begin Wednesday, October 23rd at 7:00 p.m. Seth Mason, Instructor.

Youth Tae Kwon Do

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings at 9:00 a.m. Jack Emmel, Instructor.

Adult Tae Kwon Do

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. Class is held in the gymnasium. Jack Emmel, Instructor.

Tai Chi/Qigong

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor.

Adult Tennis

Twelve (12) participants have been meeting for beginner and Intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor.

Tennis Youth Programs

Tiny Tennis (3-4yrs): class started Tuesday, September 10th at 3:30 p.m. – 4:00p.m. Class is held on Tuesday and/or Thursday. Class is limited to 6 participants.

The next session of tennis is scheduled to start Tuesday, October 8th. Class is full with six (6) participants.

Tiny Tennis (5-7yrs): class started Tuesday, September 10th at 4:00 p.m. – 5:00 p.m.

Class is held on Tuesday and/or Thursday. Class is limited to 6 participants. The next session is scheduled to start Tuesday, October 8th. Class is full with six (6) participants.

Beginner Tennis: class is based on skill, not age. Class started Tuesday, September 10th 5:00 p.m. – 6:00 p.m., limited to 8 participants. The next session is scheduled to start Tuesday, October 8th. The Tuesday class is full with eight (8) participants, the Thursday class has availability.

Intermediate Tennis: class is based on skill not age. Class started Tuesday, September 10th at 6:00 p.m. – 7:00 p.m. The next session of class start s on Thursday, October 10th. Tuesday class was cancelled due to limited participation. All students were transferred into the Thursday class.

Total Body Challenge

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Body teaches Monday/Wednesday/Fridays and Angela Reinhardt teaches Tuesdays/Thursdays.

Volleyball League Play

Volleyball league play is scheduled to start Thursday, October 11th. Age groups include 4th & 5th Graders, middle school (6th – 8th graders) and advanced middle school. Laura & Kreg Togami, Instructors/Coach

Wood Carving

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.

Evening Yoga

Four (4) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor.

Morning Yoga

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Class is held in the High Tide/ Low Tide Room. Pat Boyd, Instructor.

Saturday Yoga

Sixteen (16) people have been participating in the Saturday yoga class. Class is held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor.

Handling Social Media with Confidence and Grace

Class was scheduled to begin Wednesday, September 18th at 4:00 p.m. Class was cancelled due to no participation. The next class is schedule Wednesday, November 6 at 4:00 p.m. Program topics include: The staying power of social media, stranger danger, confidence and self –esteem building, cyberbullying, parents they have your back and so much more. Social media is not encouraged and there is no screen time, open round table discussions in a safe and fun atmosphere. Currently class is focused towards girls 11 -12 years old. Instructed by Kensington Enrichment, Dette Elgin.

Farm to Table

Class was scheduled to begin Thursday, September 19th at 4:00 p.m. but was cancelled due to low participation. class is for children 6 years and up. Class topics include farmers table, local foods and where they come from. Health and nutrition, gardening, personal responsibility and so much more. Instructed by Kensington Enrichment, Dette Elgin.

Kids Planet Earth

Class is scheduled to start Thursday, November 7th at 4:00 p.m. class is for children 6 years and up. A hands on program taught through story-telling and learning about our planet through art. Topics include: keeping mother earth clean, taking care of the oceans and what we can do to make the world a better place to live. Teaching children to respect each other, and take care of themselves and their surroundings. Instructed by Kensington Enrichment, Dette Elgin.

Writing Your Memoirs

Eleven (11) participants are enrolled in the Writing Class. Class started Tuesday, September 17th at 10:00 a.m. Participants are discovering how to uncover memories, organize ideas and make storytelling interesting. Tonya McGue, Instructor.

Fitness Class Pass

Unlimited participation in ten (10) Fitness Classes is being offered for \$75 a month. Classes include; Boot Camp, Total Body Challenge, Core & More, FitBody in 50, Evening Yoga, Morning Yoga and Saturday Morning classes. The class pass allows participants the opportunity to participate in any of the above mentioned classes and also allows more flexibility in there workout schedule. The Fitness Pass is non-transferable/ non-refundable, no credit or refunds will be allowed for unused classes. The Fitness Pass will expire on the last day of the month. Two (2) people purchase the pass in September and have been attending a wide variety of classes.

SPECIAL EVENTS

Keenagers

Keenagers covered dish luncheon was held September 11, 2019 at 12:00 p.m. Several members of the Isle of Palms Police Department were on hand for public outreach, and Detective Louis Hardy introduced the Chief of Police, Kevin Cornett. Chief Cornett shared his professional background, and led the group in a moment of silence to recognize "National Day of Service and Remembrance" then blessed the meal. Lunch Bunch met at Cracker barrel on Wednesday, September 18, 2019.

Thursday, September 19 at 2:00 p.m., in recognition of National Disaster Preparedness/Awareness month, Dr. H.B. Othersen, Jr. M.D. Emeritus Chief of Pediatric surgery was the guest speaker where he discussed his experiences as a founder of the children's hospital during Hurricane Hugo. The event was open to the public. Light hors d'oeuvres and beverages were served.

The next meeting covered dish luncheon is scheduled for Wednesday, October 2nd and will include a Magic show.

Ghostly Tide Tales

Ghostly Tide Tales will be held Friday, October 18, 2019 from 6:00 p.m. – 7:00 p.m. The 25th Avenue beach access path will be lit with tiki torches. Fire barrels will be located on the beach to provide atmosphere and warmth. This event is family friendly and is not designed to scare children or adults. Stories told are appropriate for all ages and will be told by local business owner and licensed tour guide, Eric Lavender. Hot chocolate will be served by the Recreation Staff. This event is free to the public.

Pumpkin Painting

A pumpkin painting activity will be held Thursday, October 25, 2019 at 10:00 a.m. Children (ages 5-14) are invited to paint pumpkins with the Recreation Department Staff. All materials will be provided by the Recreation Department. The cost is \$5.00 for residents and non-residents. The deadline for registration is Monday, October 21, 2019.

Halloween Carnival

The Annual Halloween Carnival is scheduled for Thursday, October 31, 2019 from 5:00 p.m. – 7:00 p.m. A professional face painter, balloon artist, photo booth and jump castles will all be present. The Recreation Department will provide candy, prizes, and gourmet popcorn to attendees, and a local food truck will be on location to sell menu items to carnival participants. Costume contests begin at 5:30 p.m. All participants in the costume contest will receive a prize and the top three (3) winners in each category will receive an additional prize. The age groups for the costume contest are: 1 year and under, 2-3 years, 4-5 years, 6-7 years, 8 years, 9 years, 10 years, 11-12 years and 13 years and older. The event is free to the public.

Community Environmental Program

In November, the Recreation Department will host an environmental program which will include current and relevant concerns for the Low country residents and is intended to boost community awareness and stewardship of the island. The date of the event and speaker(s) will be announced in October. It will take place at the Recreation Department.

Holiday Craft Workshop

On Tuesday, November 19, 2019 at 4:00 p.m., the Recreation Department will host community youth (age 14 & under) for a craft workshop where they will have the opportunity to create and decorate holiday ornaments. The Recreation Department staff will provide the materials needed for the 2019 craft project. The registration deadline for this event is Wednesday November 14, 2019.

Holiday Street Festival

The Annual Holiday Street Festival and Tree Lighting will be held Saturday, December 7th 2019 from 2:00 p.m. – 7:00 p.m. at Front Beach. Santa will also be attending to listen to all Christmas wishes, and arts & craft vendors will line the streets to put attendees in the holiday shopping spirit. Other family entertainment will include carnival rides, jump castles, a balloon artist, and face painting.

Music will remain a huge part of this event with several performers booked to boost the holiday spirit. The event will open with a performance by Sullivan's Island Chorus singing a selection of their current favorites, and the Charleston Caroling Company will be performing traditional Christmas carols in Victorian attire. At 2:30pm, Lauren Hall & Band will take stage to get festival feet moving with her energetic set-list; and from 5 p.m.-7 p.m., Carolina Country Music Fest veteran and headliner Warrick McZeke will entertain with his upbeat rhythm of the newly popular "country soul."

Santa's Cookie Workshop

All ages are welcome to decorate holiday cookies on Thursday December 12, 2019 at 4:00 p.m. This event will be supervised by recreation staff and all materials will be provided by the Recreation Department. Elementary age participants must be accompanied by a parent or guardian. Registration deadline will be Monday December 2, 2019. This is a free event.

Movie & Dodgeball

Over the 2019/2020 holiday break, local youth (ages 5-12) will be invited to sign up for a family friendly/age appropriate movie and Dodgeball game. This event will be held Friday, January 3, 2020 from 12:00 p.m.-3:00 p.m. in the Recreation Department gymnasium. Fees for this activity are \$10 resident/ \$15 non-resident, and the registration deadline for the fun will be Friday, December 21, 2019. It will be supervised by recreation staff.

Front Beach Fest

Front Beach Fest will be held at Front Beach on Saturday, March 7, 2020 from 12:00 p.m. – 4:00 p.m. The festival will feature art, craft, community service, and food vendors. There will be live music including a demonstration by the Charleston Shag Club, jump castles, and other entertainment.

Parks & Facilities

Housekeeping

- Performed routine housekeeping duties and monthly inspections.
- Cleaned and serviced housekeeping maintenance equipment.
- Replaced and refilled air fresheners and other sanitary devices.
- Cleaned and disinfected gymnastics equipment and toys

Facility Preparations

- Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

Interior Maintenance

- Serviced, lubricated and cleaned Cardio room equipment.
- Unclogged toilets, drains and replace light bulbs and ballasts as needed
- Machine-scrubbed the facility halls, class rooms and gym floor.
- Dusted book shelves in Magnolia room
- Scrubbed tile and grout lines in the bathrooms and kitchen

Exterior Maintenance

- Inspected equipment, collected lost & found items and removed debris around the building and playground.
- Mowed Grass, removed wasp nests and sprayed for pests
- Assisted with field marking for games
- Helped install backstop netting and assisted with set up of soccer goals

Miscellaneous

- Attended staff meetings.
- Placed phone calls to and met with supply sales representatives.
- Ordered and received maintenance supplies.
- 9/9- Replaced 6 ceiling tiles in Tadpole and Minnows room and hallway
- 9/10, 9/11- Replaced 29 ceiling tiles in Hi/Low Tide room
- 9/12- Replaced ballast in Men's restroom
- 9/12- Replaced American and SC state flags
- 9/17- Replaced 5 lights in Hi/Low Tide room and one in the hallway
- 9/19- Setup for Health Fair
- 9/20- Put away tables and chairs and cleaned up after Health Fair
- 9/24- Replaced plastic parts in both water fountains in gym
- 9/25- Repaired duct work and replaced ceiling tiles in gym bathrooms
- 9/27- Painted gym bathroom entrance doors

Service Projects

- 9/26- **Liberty Fire Protection-** Performed Hood Inspection Test

PARKS & GROUNDS MAINTENANCE

Recreation Building and Activities

- Attended staff meetings
- Assisted with set up and clean-up for scheduled classes and events

Recreation Grounds

- Supervised cleanup of Hurricane Dorian debris and damage
- Cleaned trash and debris from grounds
- Trimmed trees and bushes around the complex
- Pulled/sprayed weeds from beds around building, as needed
- Applied fire ant spray as needed on fields, walkways and picnic shelter
- Edging of all walkways weekly

Playground

- Removed trash/recycling weekly
- Re-leveled playground and re-set border spikes as needed
- Conducted safety inspection of playground
- Sprayed herbicide to control weeds in mulch

Basketball and Tennis Courts

- Cleaned courts daily
- Sprayed for fire ants
- Edging of grass around courts
- Re-attached basketball nets and regulation signs
- Sprayed herbicide for weed control around perimeter of fence

Baseball (Scalise) Field

- Groomed and edged infield
- Sprayed for fire ants and weeds as needed
- Mowed field 2 times per week due to heavy growth
- Applied insect control to turf

Softball (Clarkin) Field

- Applied herbicide on field and dugouts

- Sprayed for fire ants and weeds as needed
- Groomed and edged infields
- Mowed field 2 times per week due to heavy growth
- Applied insect control to turf
- Prepared field for games

Soccer Field

- Cleaned drain box
- Set up goals and lined fields for soccer leagues
- Reseeded areas
- Applied insect control

Bark Park

- Filled holes and scoopers as needed
- Applied ant control
- Adjusted dog park fence and gate

Multi-purpose field

- Picked up debris and sprayed for fire ants as needed
- Adjusted irrigation timer
- Spot sprayed broadleaf weed control
- Measured and lined field and installed goals for fast start soccer

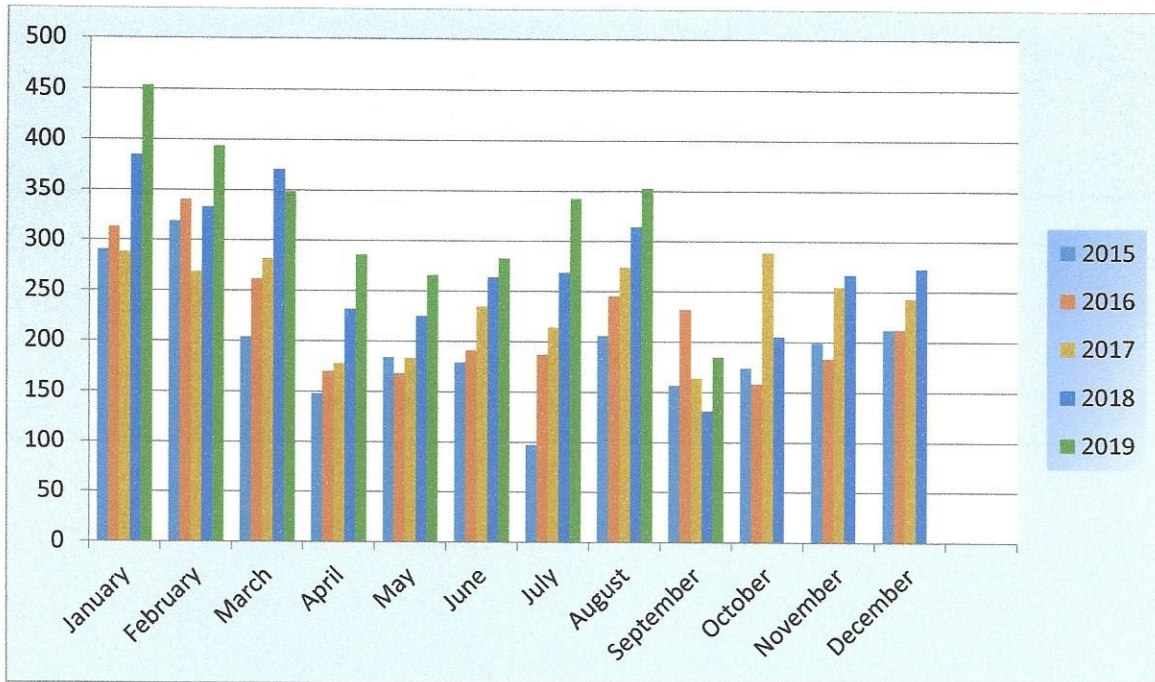
Equipment

- Replaced blades on Toro Z-master(s)
- Washed the truck and golf cart.
- Received quotes on golf cart replacement
- Purchased hand held hedge trimmer and manual pole saw

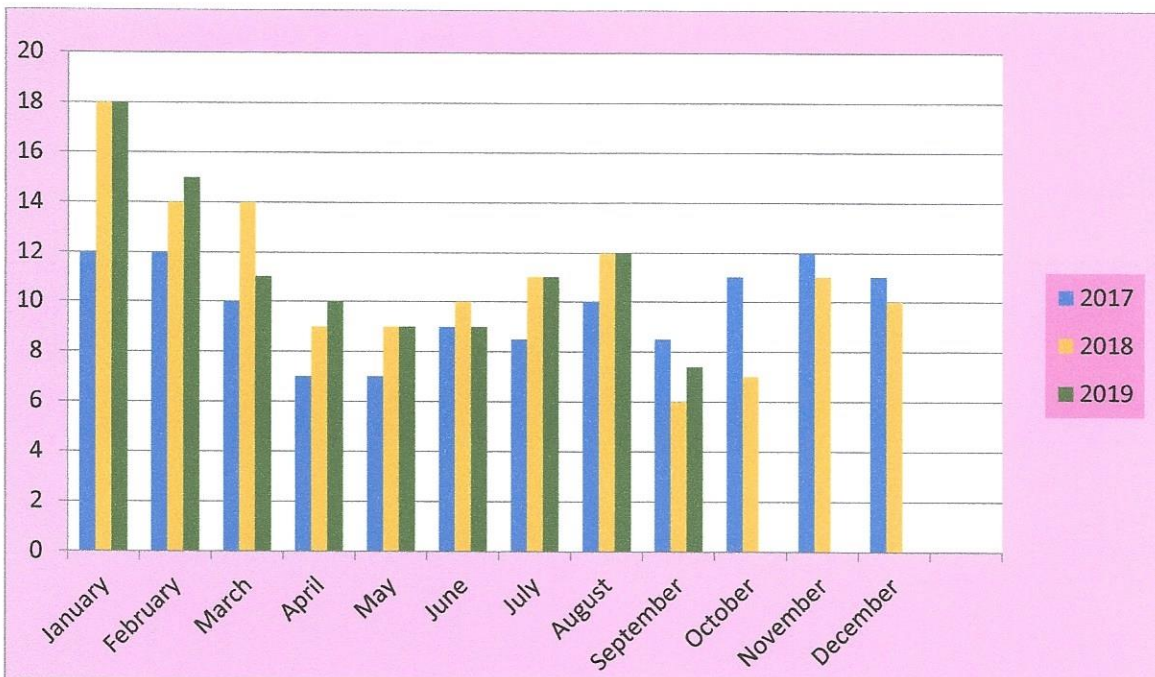
OTHER WORK PERFORMED

- Mowed, groomed and lined area for weekly Farmer's Market
- Installed hurricane panels and prepared facility for the threat of approaching storm.
- Installed and removed flood panels due to threat of hurricane.
- Prepared the department to function as a distribution center for the community members should the need arise.
- Entire staff raked and picked up limbs and storm debris in order to get the department open and operational for the residents.
- Entire staff worked with the set up and clean up for the Community Wellness Fair.

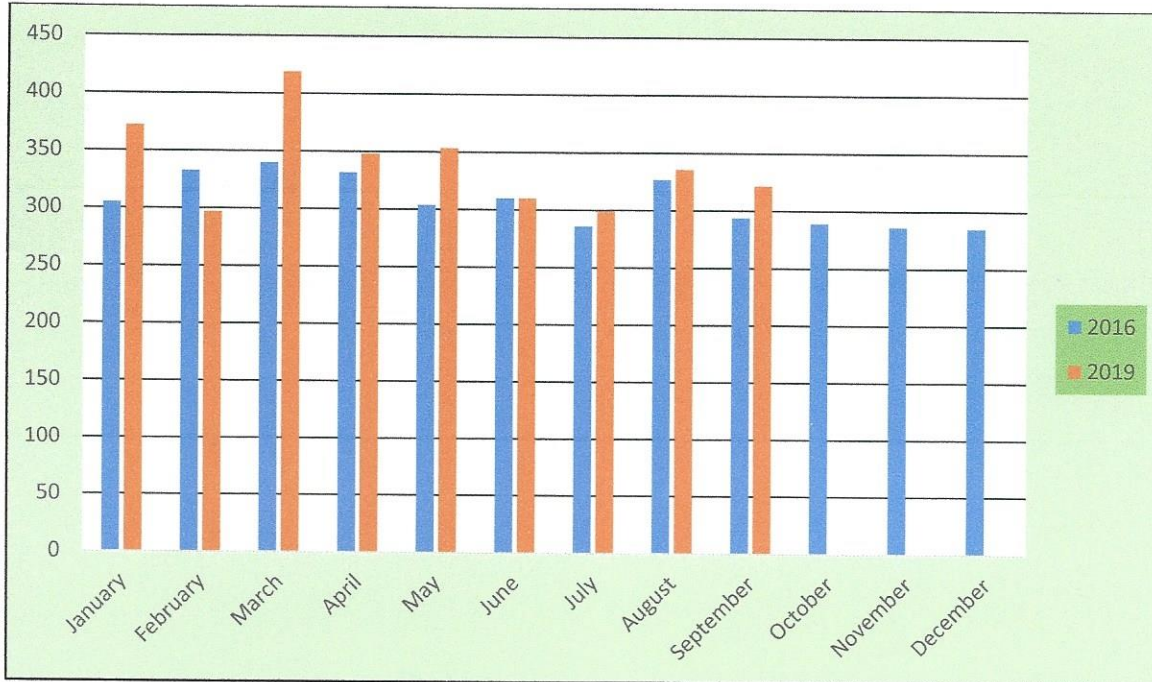
TOTAL NUMBER OF VISITS IN CARDIO ROOM



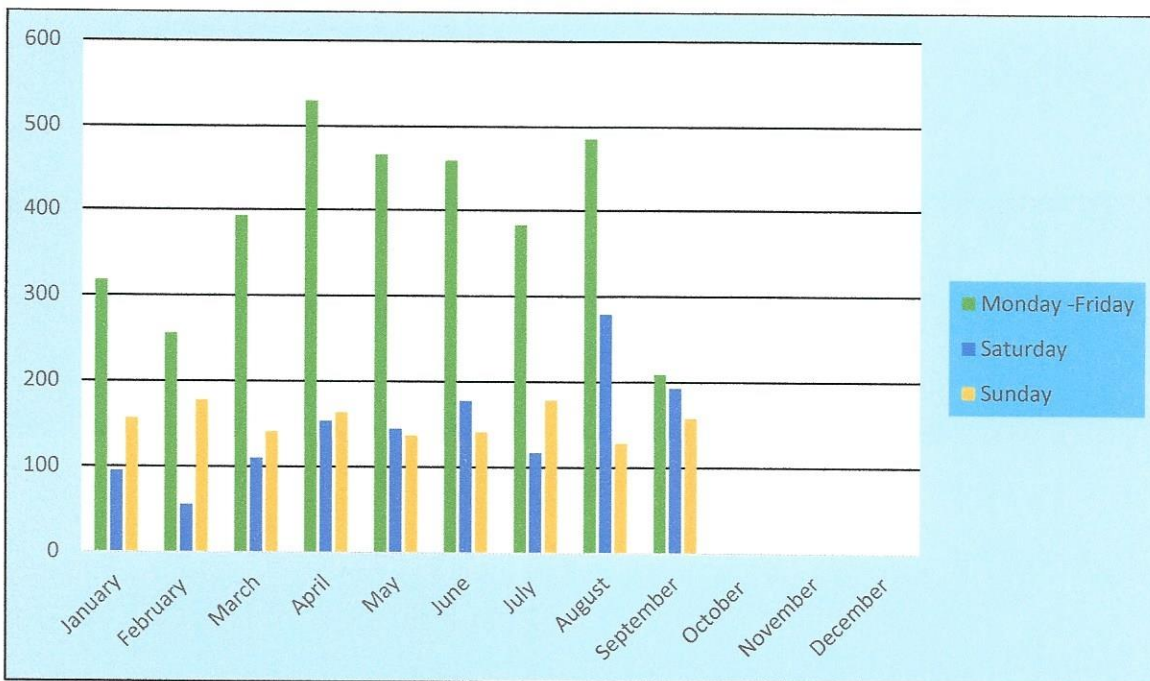
CARDIO ROOM AVERAGE DAILY ATTENDANCE



RECREATION BUILDING HOURS - Total hours Supervision is present



GYM PARTICIPATION



Gymnasium & Cardio Schedule

October 2019

Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451
(843) 886-8294 www.iop.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	2 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	3 Open Gym 7:00am - 6:15pm Table Tennis (1/2court) 10am - 12:30pm	4 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	5 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm	
	6 Adult Play 1pm-3pm Family Play 3pm-5pm	7 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	8 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	9 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	10 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Girls Volleyball 5:00pm - 8:00pm	11 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	12 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm
	13 Adult Play 1pm-3pm Family Play 3pm-5pm	14 Open Gym 12:00pm - 6:00pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	15 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	16 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	17 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Girls Volleyball 5:00pm - 8:00pm	18 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	19 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm
	20 Adult Play 1pm-3pm Family Play 3pm-5pm	21 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	22 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	23 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	24 Open Gym 7:00am - 4:30pm Table Tennis (1/2court) 10am - 12:30pm Girls Volleyball 5:00pm - 8:00pm	25 Open Gym 7:00am - 10:00am 12:00pm - 4:45pm Closed for Cleaning 10:00am - 12:00pm	26 Open Gym 8:00am-9:45am 12:30pm-5:00pm TKD 10am - 12:30pm
	27 Adult Play 1pm-3pm Family Play 3pm-5pm	28 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	29 Open Gym 7:00am - 9:45am 12:30pm-6:30pm Table Tennis 10:00am - 12:30pm Dog Obedience 6:30pm - 7:30pm 7:30pm - 8:30pm	30 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	31 GYM CLOSED HALLOWEEN CARNIVAL 5:00pm - 7:00pm	Cardio Room Monday: 7:00am - 6:30pm Tuesday: 7:00am - 6:30pm Wednesday: 7:00am - 7:00pm Thursday: 7:00am - 6:30pm Friday: 7:00am - 5:00pm Saturday: 8:00am - 5:00pm Sunday: 1:00pm - 5:00pm	

Recreation activities have first priority, schedule subject to change


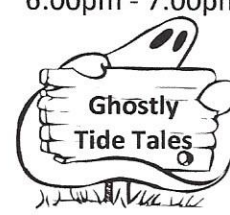
Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HALLOWEEN CARNIVAL Thursday, October 31 5:00pm - 7:00pm  Costume Contest 5:30pm		1 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Writing 10:00 Table Tennis 10:45 Tai Chi/Qigong 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:30 Cheernastics 4:00 Soccer Practice 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:15 Adult 6V6 Soccer 6:30 Dog Obedience	2 7am Boot Camp 8am TBC 8:00 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Keenagers 12:00 Mini Minnows 3:00 Sr. Exercise 3:00 Farmers Market 4:00 Social Media w/ Grace 6:00 Spanish I 5:30 Evening Yoga 5:30 7/8 Soccer Games 7:00 TKD	3 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:30 Giggling Artist 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Macbeth 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 9-12 Soccer Games 7:00 Adult Softball	4 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Soccer Practice	5 9am Yth TKD 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm IOP Connector <u>Run & Walk</u> 8:00am
6 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	7 IOP/SI Basketball Registration Starts 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 5:30 5/6 Soccer Games 6:30 9-12 Soccer Games 6:30 TKD 6:30 Dog Obedience	8 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Writing 10:00 Table Tennis 10:45 Tai Chi/Qigong 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Soccer Practice 4:30 Cheernastics 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:15 Adult 6V6 Soccer 6:30 Dog Obedience	9 7am Boot Camp 8am TBC 8:00 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 3:00 Farmers Market 4:00 Social Media w/ Grace 6:00 Spanish I 5:30 Evening Yoga 5:30 7/8 Soccer Games 7:00 TKD	10 8:00 TBC 9:00 IOP Kids 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:30 Giggling Artist 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Macbeth 5:00 Girls Volleyball 5:00 Beginner Tennis 6:00 Inter. Tennis 6:30 9-12 Soccer Games 7:00 Adult Softball	11 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Soccer Practice	12 9am Yth TKD 9am Fast Start Soccer 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm
13 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	14 Non-Res. Basketball Registration Starts 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 5:30 5/6 Soccer Games 6:30 9-12 Soccer Games 6:30 TKD 6:30 Dog Obedience	15 8:00 TBC 9:00 IOP Kids 10:00 Writing 10:00 Table Tennis 10:45 Tai Chi/Qigong 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Soccer Practice 4:30 Cheernastics 5:00 Beginner Tennis 6:00 Inter. Tennis 6:15 Adult 6V6 Soccer 6:30 Dog Obedience	16 7am Boot Camp 8am TBC 8:00 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 3:00 Farmers Market 4:00 Soccer Practice 4:00 Social Media w/ Grace 6:00 Spanish I 5:30 Evening Yoga 7:00 TKD	17 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:30 Giggling Artist 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Macbeth 5:00 Girls Volleyball 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 9-12 Soccer Games 7:00 Adult Softball	18 7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 1:00 Game Room 4:00 Soccer Practice Ghostly Tide Tales 6:00pm - 7:00pm 25th Ave Beach Access	19 9am Yth TKD 9am Fast Start Soccer 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm
20 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	21 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Ballet 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 5:30 5/6 Soccer Games 6:30 9-12 Soccer Games 6:30 TKD 6:30 Dog Obedience	22 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Writing 10:00 Table Tennis 10:45 Tai Chi/Qigong 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:30 Cheernastics 4:00 Soccer Practice 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:15 Adult 6V6 Soccer	23 7am Boot Camp 8am TBC 8:00 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 3:00 Farmers Market 4:00 Social Media w/ Grace 6:00 Spanish I 5:30 Evening Yoga 5:30 7/8 Soccer Games 7:00 TKD 7:00 Spanish II	24 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:30 Giggling Artist 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Macbeth 5:00 Girls Volleyball 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 9-12 Soccer Games 7:00 Adult Softball	25 7am Boot Camp 8:00 TBC 9:15 Yoga 9:30 Mommy & Me 10:00 Pumpkin Painting 1:00 Game Room 4:00 Soccer Practice	26 9am Yth TKD 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 12:00pm - 5:00pm
27 <u>Open Gym</u> 1pm - 3pm Adult Play 3pm - 5pm Family Play	28 7am Boot Camp 8am TBC 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Knit & Stitch 10:30 Core & More 12:00 Ballet 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 6:30 9-12 Soccer Games 6:30 TKD 6:30 Dog Obedience	29 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Writing 10:00 Table Tennis 10:45 Tai Chi/Qigong 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:30 Cheernastics 4:00 Soccer Practice 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:15 Adult 6V6 Soccer 6:30 Dog Obedience	30 7am Boot Camp 8am TBC 8:00 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:15 Yoga 9:15 Barre 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 3:00 Farmers Market 4:00 Social Media w/ Grace 6:00 Spanish I 5:30 Evening Yoga 7:00 TKD 7:00 Spanish II	31 8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:30 Core & More 10:45 Pickle Ball Halloween Carnival 5:00pm - 7:00pm Costume Contest At 5:30pm	GHOSTLY TIDE TALES Friday, October 18 6:00pm - 7:00pm  25th Beach Access Free Event	



Isle of Palms Recreation Center
#24 28th Avenue
Isle of Palms, SC 29451
(843)886-8294



OCTOBER CLASS SCHEDULE AND SPECIAL EVENTS

Monday:

- **BOOT CAMP**
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **YOGA**
9:15am-10:15am \$10 per class
- **BARRE & MORE**
9:15am-10:15am \$10 per class
- **CORE & MORE**
10:30am - 11:30am \$12 per Class

* Cardio Room: 7:00am-6:30pm

Tuesday:

- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **FITBODY IN 50**
5:30pm-6:30pm \$12 per class
- **TAI CHI/QIGONG**
10:45am-12:00pm \$10 per class
- **OVER 50 FITNESS**
3:00pm-4:00pm \$10 per class

* Cardio Room: 7:00am-6:30pm

Wednesday:

- **BOOT CAMP**
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **YOGA**
9:15am-10:15am \$10 per class
- **BARRE & MORE**
9:15am-10:15am \$10 per class
- **YOGA**
5:30pm-6:30pm \$10 per class

*Cardio Room: 7:00am - 7:00pm

Thursday:

- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **FITBODY IN 50**
5:30pm-6:30pm \$12 per class
- **CORE & MORE**
10:30am - 11:30am \$12 per class
- **OVER 50 FITNESS**
3:00pm-4:00pm \$10 per class

* Cardio Room: 7:00am-6:30pm

Friday:

- **BOOT CAMP**
7:00am-8:00am \$10 per class
- **TOTAL BODY CHALLENGE**
8:00am-9:00am \$8 per class
- **YOGA**
9:15am-10:15am \$10 per class

* Cardio Room: 7:00am-5:00pm

Saturdays:

- **YOGA**
10:00am-11:15am \$12 per class
- **OPEN GYM:**
8:00am - 9:45am
12:30pm - 5:00pm

*Cardio Room: 8:00pm -5:00pm

Sundays:

- **OPEN GYM 1:00pm - 5:00pm**
1:00pm - 3:00pm Adult Gym
3:00pm - 5:00pm Family Gym

*Cardio Room: 1:00pm - 5:00pm

Fall Programs

Registration Now Open

<p><u>Holiday Craft Workshop</u> Tuesday, November 19 4:00pm \$5 resident/non-resident</p>	<p><u>Pumpkin Painting 5-14yrs</u> Friday, October 25 10:00am \$5 resident/non-resident</p>
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Little Lotus Yoga (3-5yrs)
 Wednesdays
 8:00am - 8:45am
 October 30

<p><u>Kensington Enrichment</u> <u>Kids Planet Earth (6yrs+)</u> November 7 4:00pm - 5:30pm</p>	<p><u>Giggling Artist</u> Thursdays 12:30pm - 1:15pm November 7</p>
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View complete program listing at www.iop.net

2019 ISLE OF PALMS FARMERS MARKET

WEDNESDAYS SEPT. 4 - OCT. 30 3PM - 7PM

IOP RECREATION CENTER
27th Ave @ Ballfields

FREE PARKING

www.iop.net/isle-of-palms-farmers-market