



**RECREATION DEPARTMENT
MONTHLY REPORT
September – October
2016**

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Robert Asero, Parks & Grounds Supervisor
Ricky Daugherty, Parks & Facilities Specialist
Holly Norton, Community Specialist
Andy Sinwald, Recreation Supervisor (special events)
Aaron Sweet, Recreation Supervisor (athletics)

PROGRAMS AND CLASSES

The following classes are offered September through December

Ballet	Barre & More	Boot Camp
Core & More	Dog Obedience	Gather Knit & Stitch
Gymnastics	I am an Artist	Italian conversation
Kinderpuppy	Line Dancing	Little Lotus Yoga
Mah Jongg	Mini Minnows	Mommy /Daddy & Me
Semi-Personal Training	FitBody in 50.	Senior Aerobics – Over 50
Tae Kwon Do	Tai Chi/Qigong	Tennis (children)
Tennis (youth)	Tennis (adults)	Tiny Tots
Total Body Challenge (TBC)	Wellness Walkers	Writer's Gathering
Yoga – Afternoon	Yoga – Evening	Yoga – Morning
Yoga – Saturday	Zumba	Shakespeare Performance Workshop

Ballet

Ballet started Monday, October 24; nine (9) toddlers are participating in the class. Class is held on Mondays at 12:30 p.m. The next session will start in January, 2017.

Kim Chesley-Breland, Instructor.

Barre & More

Four (4) people have been participating in Barre & More. Classes are held Monday evening at 5:30 p.m. – 6:30 p.m. Angela Reinhardt, Instructor.

Boot Camp

Three (3) people have been participating in boot camp. Classes are held Mondays/Wednesdays/Fridays from 7:00 a.m. – 8:00 a.m. Pat Boyd, Instructor.

BOSU Training/Core & More

Eight (8) people are participating in the Core & More classes that are held Mondays/Wednesdays/Fridays from 10:30 a.m. – 11:30 a.m. Jeromy Miller, Instructor.

Dog Obedience

Kinderpuppy: Twelve (12) owners and puppies are enrolled in the Kinderpuppy class. Class was held September 12th – October 17th. The next session is scheduled for November 7th; currently the class is full with thirteen (13) participants.

Just the Basics: Ten (10) owners and dogs are enrolled in the basic obedience class. Class was held September 12th – October 17th.

Doggie Etiquette: Nine (9) participants are enrolled in the class scheduled for November 7th. Susan Marett, Instructor.

Gather Knit & Stitch

Six (6) women have been attending the Gather Knit & Stitch program that is held on Mondays from 10:00 a.m. - 11:30 a.m. in the Lobby.

Gymnastics

Gymnastics started Tuesday, October 4; nine (9) children are enrolled in the class. Class is held on Tuesdays at 3:30 p.m. Tricha Tapio, Instructor.

I am an Artist

Holiday theme paintings are being held September – December. Eight (8) children participated in the Eddy the Cat painting held on Wednesday, October 19th. The next painting will be held on Wednesday, November 16th at 4:00 p.m. Diana Connors, Instructor.

Italian Conversations

Four (4) people have been participating in the Italian Conversation class held on Wednesdays 10:00 a.m. This will be the last class for the season. Classes will resume in September 2017. Anna Vecchione, Instructor.

Little Lotus Yoga

One (1) participant has been taking part in the Little Lotus Yoga class on Thursdays at 12:00 p.m. the instructor is planning a holiday yoga session in conjunction with the Tiny Tots program to hopefully help boost enrollment. Jennifer Rogers, Instructor

Line Dancing

Ten (10) people have been participating in the Line Dancing classes held on Thursdays at 9:30 a.m. Trisha Leonard, Instructor.

Mah Jongg

Eleven (11) people participated in Mah Jongg; the activity is held on Mondays from 12:00 p.m. – 3:00 p.m. in the Tadpole Room.

Mini Minnows

Four (4) children are participating in the Mini Minnows class, an afternoon play group for children ages 3 and 4. Cathy Adams, Instructor.

Mommy /Daddy & Me

Eight (8) families participated in the Mommy/Daddy & Me program; the program is held on Thursdays at 9:30 a.m. – 11:00 a.m. The play group is for parents and children 3 years and younger. The program is free and meets in the Tadpole Room.

Semi-Personal Training/ FitBody in 50

Seven (7) people are participating in the 9:30 a.m. class. Seven (7) people have been participating in the 10:30 a.m. class. Five (5) people are participating in the 5:30 p.m. class. All classes are held on Tuesdays and Thursdays. Geri D'Italia, Instructor.

Senior Aerobics – Over 50 Fitness

Six (6) seniors have been participating in the classes are held on Tuesdays and Thursdays from 3:00 p.m.- 4:00 p.m. The session is \$50 per month or a \$7 drop-in fee. Judy Fischer, Instructor.

Shakespeare Performance Workshop

Four (4) youth are enrolled and participating in the Shakespeare Workshop. Youth are learning to perform a short play, and build on the fundamentals of acting with theater games. A performance is scheduled for the last class on Thursday, November 17th at 4:30 p.m. Jean Schubert, Instructor.

Tae Kwon Do

Youth Participation: Four (4) children have been participating in the youth classes held on Saturdays in the gym at 9:00 a.m.

Adult Participation: Eighteen (18) adults have been participating in Tae Kwon Do. Classes are offered on Saturdays in the gym from 11:00 a.m. to 12:00 noon, Wednesdays in the gym from 7:00 p.m. to 8:30 p.m., and Mondays in the Magnolia Room from 6:30 p.m. to 7:30 p.m.

Tai Chi/Qigong

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 11:00 a.m. in the Palmetto Room. Connie Cossetti, Instructor.

Tennis (Adults)

Nine (9) adults have been participating in tennis lessons scheduled on Tuesday mornings at 8:30 a.m. – 9:30 a.m. Corinne Enright, Instructor.

Tennis (Youth)

The September tennis session was held Tuesday, September 6th – Thursday, October 13th, four (4) 3 and 4 year olds participated in the 3:30 p.m. class and six (6) 5 and 6 year olds participated in the 4:00 p.m. class. Twelve (12) youth participated in the beginner class held at 4:30 p.m. and eleven (11) participated in the Intermediate group held at 5: 30 p.m.

The October session started Tuesday, October 25th, tennis participation remains strong and classes continue to be full. Corinne Enright, Instructor.

Tiny Tots 3-year old Pre-K Program

Tiny Tots Monday, Wednesday and Friday class is full with ten (10) children participating. The Tuesday/ Thursday class has eight (8) participants enrolled. Class is held Monday – Friday; the program follows Charleston County School calendar. Cathy Adams, Instructor.

Total Body Challenge (TBC)

Twenty-one (21) people have been participating in the morning workout classes. Classes are held Monday – Friday at 8:00 a.m. to 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd and Angela Reinhardt, Instructors.

Wellness Walkers

Seven (7) people have been participating in the Wellness Walkers program. The walking group meets in the lobby on Fridays at 3:00 p.m. – 4:00 p.m.; the group socializes and walks at least one (1) mile, nineteen (19) laps around the gym.

Writers Gathering Ground

Four (4) people have been attending the writing group. The group is a self-led class where individuals who enjoy writing can attend and support other writers. Class is free. Group meets on Tuesdays at 9:30 a.m.

Yoga - Afternoon

One (1) person participated in the classes held on Tuesdays and Thursdays in the High Tide/Low Tide Room from 12:30 p.m. – 2:00 p.m. Class will be phased out by the end of this year due to attendance. Pat Boyd, Instructor.

Yoga - Evening

Twelve (12) people participated in the evening yoga classes held on Wednesdays at 5:30 p.m. – 6:30 p.m. Jen Schoolfield, Instructor.

Yoga – Morning

Eighteen (18) people participated in morning yoga classes held on Mondays, Wednesdays and Fridays at 9:15 a.m. in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Yoga – Saturday

Fifteen (15) people participated in the Saturday yoga classes that are held at 10:00 a.m. – 11:15 a.m. in the High Tide/Low Tide Room. Jen Schoolfield, Instructor.

Zumba

Twenty-five (25) people participated in Zumba. Participants have an option of four (4) classes for \$25, eight (8) classes for \$50; or participants can pay \$8 per class. Classes are held Mondays and Wednesdays at 6:15 p.m. in the High Tide/Low Tide Room. Dale Ellison, Instructor.

SPECIAL EVENTS

Keenagers

Forty seven (49) people attended the free Keenagers senior social group Wednesday, September 7th at 12:00pm. Dr. Matthew Ferguson of *Palmetto Primary Care Physicians* gave a presentation on diabetes. The October meeting was postponed due to Hurricane Matthew.

Employee Wellness Program

Employees are encouraged, through the wellness newsletter to continue their fitness mile record-keeping, their exercise programs and to attend the instructional classes available to them at the Recreation Center. Classes include BOSU, Semi-Personal Training, Total Body Challenge, Yoga and Zumba. The next Wellness Committee Met Thursday, October 13th at 8:30 a.m.

Isle of Palms Community Wellness Fair

The Isle of Palms' Community Wellness Fair was held Thursday, September 22nd from 7:00 a.m. – 11:00 a.m. Fifty eight (58) employees participated in free blood work screenings provided by *East Cooper Medical Center*. *East Cooper* also offered fifty (50) free flu shots and blood work to just under one hundred (100) residents. *Harris Teeter* provided flu, tetanus and pneumonia shots to employees and flu shots to residents. Thirty (30) health and wellness vendors were available and provided information, demonstrations, or offered samples to attendees at the event.

Ghostly Tide Tales

The Ghostly Tide Tales was held on Friday, October 21st from 6:30 p.m. – 7:30 p.m. The 25th Avenue beach access path was lined with tiki torches, fire barrels were on the beach and hot chocolate was served. Over 300 people attended.

Pumpkin Painting

Pumpkin painting was held Thursday, October 27th at 4:00pm. Over twenty (20) children ages 7 – 14 years old attended.

Halloween Carnival

The Annual Halloween Carnival is scheduled for Monday, October 31st from 5:00 p.m. – 7:00 p.m. Costume contests begin at 5:30 p.m. The age groups for the costume contest are: 1 year and under, 2-3 years, 4-5 years, 6-7 years, 8 years, 9 years, 10 years, 11-12 years and 13 years and older. The event is free.

Upcoming Events

Holiday Craft Workshop

The Holiday Craft Workshop will be held Tuesday, November 15th at 4:00pm. Children ages fourteen (14) and under can register to decorate holiday ornaments with the Recreation staff. All materials will be provided by the Recreation Department. Participants must register by Friday, November 6th and the cost is \$5.00 for residents and non-residents.

Letters to Santa

From November 30th to December 9th children can send Santa their requests for Christmas. The Recreation Department will respond to each letter as Mr. Claus. Children may drop off their letters in a mailbox located in the Recreation Department or send it in the mail to the attention of Santa Claus.

Movie & Dodgeball

On Monday, November 21st from 12:00 p.m.-3:00 p.m. the Recreation Department will host Movie and Dodgeball program. The cost of the program is \$10.00 for residents.

Holiday Street Festival

The 5th Annual Holiday Street Festival will be held Saturday, December 3rd from 2:00 p.m. – 7:00 p.m. on Front Beach. Entertainment will include carnival rides, jump castles, mechanical bull, children’s games, balloon artist, face painter, live music, Santa Claus, and lighting of the tree. Musical performances include the Sullivan’s Island Elementary School Chorus, Haley Mae Campbell, and The East Coast Party Band. Over 30 local businesses, organizations, and craft vendors will be on the street selling/advertising their products and services.

ATHLETICS

Adult Softball

The league games are played on Wednesday evenings, the league will finish in December. There are a total of seven (7) teams with a total of one hundred-forty (140) players participating.

Adult Spring 3 on 3 Basketball

The league games are played on Tuesday evenings, the league will finish in December. There are twelve (12) teams with a total of seventy-two (72) players participating.

Adult Spring 6 vs. 6 Soccer

The league games are played on Tuesday evenings, the league will finish in November. There are seven (7) team with a total of eight-four (84) participating.

Adult Fall Table Tennis Singles League

Games are played on Tuesday mornings and will finish in November with a double elimination tournament. Seven (7) players are participating.

Youth Athletics

Youth Basketball

Youth co-ed basketball registration began in October for ages 5-14. Registration will end on Friday, November 4th. Sponsors and coaches are currently being secured.

Basketball registration fees are \$30 for residents and \$35 for non-residents. Practices begin in December and games will begin in January 2017.

Youth Basketball Registration: as of 10/28/16

5/6yr	Total: 24	IOP Resident: 14	Non-resident: 10
7/8yr	Total: 30	IOP Resident: 16	Non-resident: 14
9/10yr	Total: 19	IOP Resident: 13	Non-resident: 6
11-14yr	Total: 20	IOP Resident: 14	Non-resident: 6

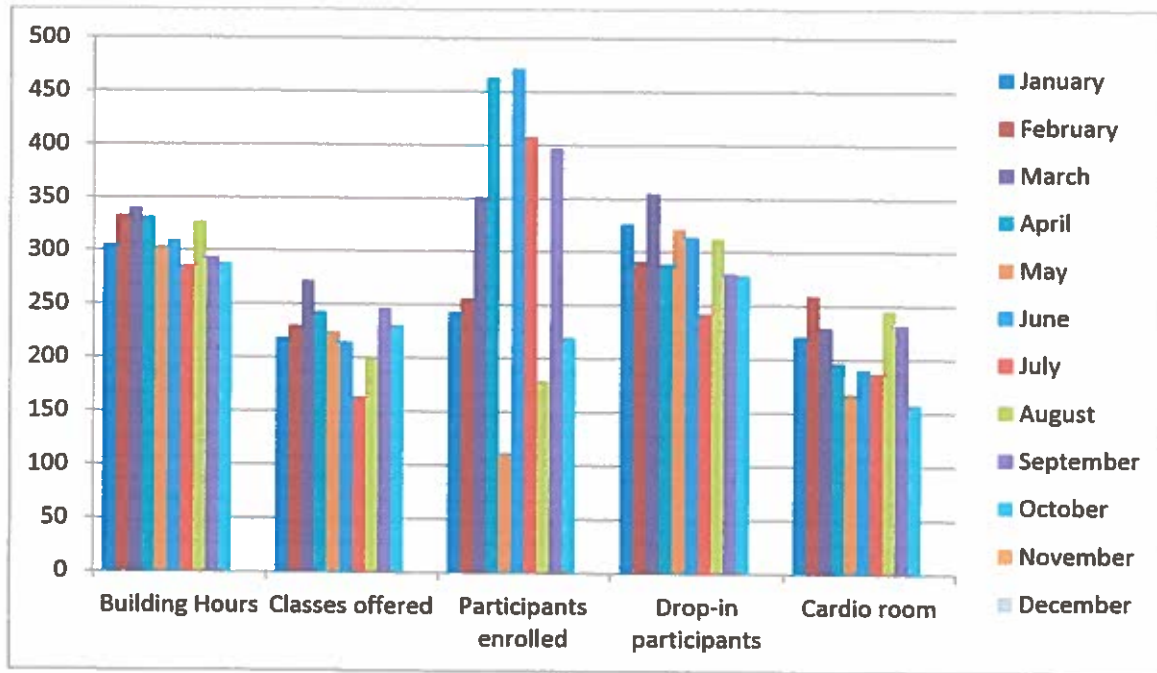
Youth Soccer Registration

3-4yr Fast Start	Total: 44	IOP Resident: 27	Non-resident: 17
5/6 Soccer	Total: 51	IOP Resident: 30	Non-resident: 21
7/8 Soccer	Total: 54	IOP Resident: 38	Non-resident: 16
9-12 Soccer	Total: 60	IOP Resident: 46	Non-resident: 14

OTHER WORK PERFORMED

- Updated information boards at Connector and Breach Inlet.
- Worked with Director on the IOP Connector Run.
- Attended South Carolina Recreation and Parks Association annual conference.
- Created and sent E-Newsletter informing residents of cancellations and changes due to Hurricane Matthew.
- Prepared Recreation Center for Hurricane Matthew.
- Assessed with clean up and removal of debris after Hurricane Matthew.
- Removed flood panels, hurricane shutters and sand bags after Hurricane Matthew.
- Repaired and Replaced outside lighting at Front Beach Restrooms..
- Replaced breaker in electrical panel for Soccer Field Lighting.
- Test run of setting up new City Holiday Tree.

Isle of Palms Monthly Report 2016



Building Hours – Total hours the Recreation center is supervised.

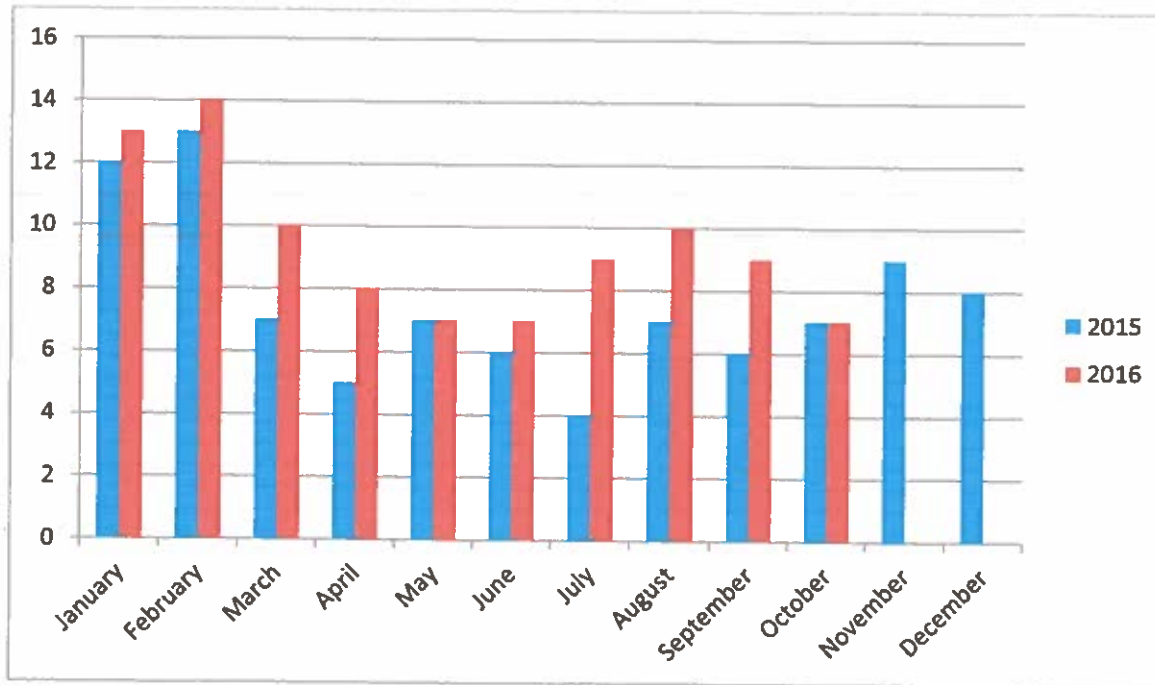
Classes offered – Number of classes offered.

Participants enrolled in classes.

Drop-in – pay by class.

Total number of cardio room visits.

Cardio Room Average Daily Attendance



Isle of Palms Monthly Report 2016

Adult and Youth registered for Athletics

