



RECREATION DEPARTMENT MONTHLY REPORT February 2020

STAFF: Norma Jean Page, Recreation Director
Karrie Ferrell, Assistant Director (programs)
Aaron Sweet, Recreation Supervisor (athletics)
Christopher Bako, Parks & Grounds Supervisor
Andrea Harrison, Recreation Supervisor (special events)
Holly Norton, Community Specialist
Joshua Key, Parks & Facilities Specialist

ATHLETICS
Adult Athletics

Adult Spring Softball

The registration fee was \$425 per team. Games are scheduled to begin March 5th and will be played Thursday evening. A total of three teams (60 participants) have registered.

Adult Spring 3 on 3 Basketball

The registration fee was \$60 per team. Games will be played on Tuesday evening and are scheduled to begin March 3rd. A total of four teams (24 participants) have registered.

Adult Spring 6 vs. 6 Soccer

The registration fee was \$250 per team. Games will be played on Tuesday evening and are scheduled to begin March 3rd. A total of eight teams (96 participants) have registered.

Adult Spring Table Tennis Singles League

The registration fee was \$10 per player. Games will be played on Tuesday afternoon and the season will begin March 3rd. A total of twelve players have registered.

Youth Sports

Youth Baseball (Ages 3-12)

Registration for baseball ended on February 14th. Fast Start Baseball fees were \$20 for residents and \$45 for non-residents. Youth baseball fees for ages 5-12 were \$30 residents/\$55 for non-residents. All participants will receive a medal, jersey and a hat. The coaches meetings and skill evaluation for 9-12yr old league were held on February 24th.

Youth Baseball Registration (as of February 21, 2020)

Fast Start Baseball	Total: 36	IOP Resident: 22	Non-resident: 12	S.I.: 2
5/6 T-Ball	Total: 42	IOP Resident: 33	Non-resident: 6	S.I.: 3
7/8 Machine Pitch	Total: 36	IOP Resident: 19	Non-resident: 13	S.I.: 4
9-12 Youth Baseball	Total: 31	IOP Resident: 23	Non-resident: 7	S.I.: 1

Misc.

Aaron Sweet, Recreation Supervisor responsible for athletics has been selected as one of twelve professionals in the state to attend the SCRPA Leadership Development Institute, which is an eight month commitment. This requires overnight travel each month throughout the state to different Recreational Agencies.

PROGRAMS AND CLASSES

Acting Performance Workshop

Romeo and Juliet acting workshop started on Thursday, January 23 at 4:00 p.m. Ten (10) children are participating in the class. Participants will build on the fundamentals of acting with games that use body movement and improvisation. Participants will perform *Romeo and Juliet* for family and friends at the end of the session. The performance is scheduled for Thursday, March 26 at 5:30 p.m. The Summer Acting Camp is scheduled for August 3 – August 7, 2020 registration for camp is open. Jean Schubert, Instructor.

American Sign Language

Five (5) participants are enrolled in the American Sign Language course. The next session will start Wednesday, March 18. Instructor, JJ Aregood

Barre & More

Nine (9) people have been participating in the Barre class. Class is held on Mondays and Wednesdays at 9:00 a.m. in the Palmetto Room. Class is a part of the Fitness Pass Membership. Angela Reinhardt, Instructor.

Boot Camp

Four (4) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Class is a part of the Fitness Pass Membership. Class is held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

Cardio & Strength

Six (6) people have been participating in this class that is held on Mondays and Wednesdays at 5:30 p.m. Class is a part of the monthly Fitness Membership. Elizabeth Hudson, Instructor.

Cheerleading

Six (6) girls have been participating in the Cheerleading/tumble class held on Tuesdays at 4:15 p.m. The next session is scheduled to start Tuesday, February 18. Kaylie Penninger, Instructor.

Core & More

Six (6) people have been participating in the Core & More class scheduled on Monday and Thursday mornings at 10:30 a.m. Class is part of the Fitness Membership. Class is held in the High Tide/Low Tide Room. Jeromy Miller and Angela Reinhardt, Instructors.

Dog Obedience

Kinderpuppy started Monday, January 6 at 6:30 p.m. Class is full with eight (8) participants. The next session is scheduled for Monday, March 2, the class is full.

Just the Basics started Monday, January 6 at 7:30 p.m. Class is full with eight (8) participants. The next session is scheduled to start Tuesday, March 3, the class is full.

Canine Good Citizenship started Tuesday, January 7 at 6:30 p.m. There are six (6) participants participating in the class. The next class is scheduled for Tuesday, March 3, is full with six (6) participants.

Canine Acting & Tricks started Tuesday, January 7 at 7:30 p.m. Class is full with seven (7) participants. Susan Marett, Instructor.

FitBody in 50

Ten (10) people have been participating in the FitBody class offered Tuesdays and Thursdays. Currently seven (7) people have been participating in the 9:30 a.m. class and three (3) people in the 5:30 p.m. class. Class is held in the High Tide/Low Tide Room. Geri D'Italia, Instructor.

Fitness Membership

Fitness class pass includes 10 classes for \$75 and allows participants to customize their fitness experience at the Recreation center. Classes include Total Body Challenge, Boot Camp, Barre, FitBody in 50, Core & More, Yoga and Cardio & Strength classes. Currently eleven (11) participants are enrolled in the membership program.

Game Room

Card games, dominoes, scrabble. A time to sit, socialize and enjoy games with friends.
Game time moved from Fridays to Tuesdays from 1:00 p.m. – 3:00 p.m. in the Tadpole Room.

Gather Knit & Stitch

Six (6) ladies have been meeting in the lobby to socialize and knit. The group is free and self- led. Participants assist each other in techniques and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

Gymnastics

Ten (10) children are registered for February 18 session of Gymnastics. Tricha Tapio, Instructor.

IOP Kids: 3-year old Pre-K Program

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and nine (9) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms Holiday schedule.
Cathy Adams, Instructor.

Line Dancing

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. – 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

Mah Jongg

Twelve (12) ladies have been participating in the mah jongg social group. The ladies welcome new members. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

Mini Minnows

Ten (10) children are participating in the program. Class is held on Mondays/Wednesdays and Fridays from 12:00 p.m. – 3:00 p.m. Cathy Adams, Instructor.

Mommy /Daddy & Me

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. – 11:00 a.m. The program is free and meets in the Tadpole Room.

Over 50 Fitness

Twelve (12) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Judy Fischer, Instructor.

Pickle Ball Lessons:

Six (6) people are registered and have been participating in Pickle Ball. Geri D'Italia, Instructor.

Senior Exercise: Enhance Fitness

Enhance Fitness is a county wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class currently has a waiting list. Judy Fischer, Instructor.

Youth Tae Kwon Do

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings in the Palmetto Room and Gymnasium at 9:00 a.m. Jack Emmel, Instructor.

Adult Tae Kwon Do

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. The Tae Kwon Do Tournament is scheduled for Saturday, March 21st at 10:00 a.m. Participants from Charleston County and beyond will come to compete in this local tournament. Jack Emmel, Instructor.

Tai Chi/Qigong

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor.

Adult Tennis

Twelve (12) participants have been meeting for Beginner and Intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor.

Tennis Youth Programs

All sessions continue to fill in the first week of registration. Some changes were made to the program in hopes to create a few more spaces. The Tiny Tennis group is for children ages 4-8 years, the Beginner class is for children 7-11 years and the Intermediate is for 11 years and older. All classes are based on skill level, the instructor will evaluate and place children in the correct class if needed.

Tiny Tennis (4-8yrs): Will play on a 36 foot court with red ball (low compression). The 4 and 5 year old group will play for 30 minutes and the 6-8 year old group will play for 1 hour.

Currently both Tuesday and Thursday classes are full for the next session set to start February 11.

Beginner Tennis: Will play on a 60 foot court with orange ball. Both Tuesday and Thursday classes are full for January. A maximum of 8 children are participating in the class.

Intermediate Tennis: Will play full court. There are currently 5 participants who have been playing consistently. The group meets on Thursdays at 6:00pm.

Total Body Challenge

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd teaches Monday/Wednesday/Fridays and Angela Reinhardt teaches Tuesdays/Thursdays.

Volleyball League Play

The next session of volleyball is scheduled to start Thursday, May 7. League Play is for students in 4 & 5 grades, middle school students and an advance play middle school.

Laura & Kreg Togami, Instructors/Coach

Wood Carving

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.

Evening Yoga

Nine (9) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor

Morning Yoga

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Class is held in the High Tide/ Low Tide Room. Pat Boyd, Instructor.

Saturday Yoga

Eighteen (18) people have been participating in the Saturday yoga class. Class is held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor.

Capital Kid\$

Three (3) participants are preregistered for the Capital Kids program for March. Capital Kids is a new class to the recreation department, helping children develop life skills in the area of financial literacy and entrepreneurship. Activities include coloring sheets, number rhymes, storytelling and counting songs. Biz Kids projects include “The Envelope Please” which will introduce the concept of Save, spend and give. The next session is for children ages 6-10 and will be held on Wednesday, March 18 at 4:00 p.m. Instructed by Kensington Enrichment, Dette Elgin.

Writing Your Memoirs

Nine (9) participants are currently registered for the next session of writing. The class started Tuesday, February 4 at 10:00 a.m. Instructor, Holly Vories.

Isle of Palms Farmer’s Market

The Isle of Palms Recreation Department will be taking over the coordination of the Farmer’s Market. The department is discussing options of Wednesdays 3:00 p.m. – 6:30 p.m. July – August. Information will be available of the iop.net as well as sent directly to farmers/growers who participated last year.

Special Events

Keenagers Social Group

Keenagers gathered for a covered dish luncheon in February. After lunch, the group was entertained by the Sweet Tea Quartet. Several drawings were held and Valentines themed door prizes were given out to winners following lunch and entertainment.

Doggie Day at the Rec

The 14th Annual Doggie Day at the Rec was held on February 8, 2020 from 9:00 a.m. until noon. This event advocated for the health and well-being of dogs in our community. Microchipping was offered at a discounted price, and a total of forty-nine (49) canine vaccinations were administered by a local veterinarian. The Police Department attended and issued Dog Licenses to those who wished to be on the register. Local adoption/rescue agencies brought in several displaced pups seeking homes, and the annual five category dog show contest filled to capacity with 1st, 2nd, and 3rd place winners chosen for each category. STAR Therapy Dogs offered Canine Good Citizenship testing for event attendees to promote well-adjusted canine companions.

UPCOMING EVENTS

Keenagers Social Group

March 4, 2020, Keenagers will enjoy the spring themed Covered Dish Luncheon featuring Cara Newcomb of the “Backporch Storytellers.” Attendees will also have the opportunity to sign up for the “MUSC Center on Aging Senior Expo” to be held on March 19, 2020. The Isle of Palms Recreation Department will be providing the transportation for this free field trip.

Front Beach Festival

March 7, 2020, a portion of Ocean Blvd will be closed to kick off the 2020 beach season with Front Beach Fest from 12:00 p.m. – 4:00 p.m. This festival will feature live music by *The Holiday Band* and back by popular demand, *The Tams*. This family friendly street fair includes street performers and plenty of activity for children. A spring time vendor villager will showcase local art and crafts that will be available for purchase, and the event will feature a rally of local restaurants and food trucks to offer a variety of menu items for sale to hungry festival goers

Community Yard Sale

The Annual Community Yard Sale is scheduled for Saturday, March 28 from 8:00 a.m. – 12:00 p.m. Registration is open and spaces are filling up quickly. This event will offer residents and visitors the opportunity to purchase items in “excellent,” or “like new” condition on Hartnett Boulevard between 27th and 29th Avenue.

Easter Egg Hunt

The Annual Isle of Palms Easter Egg Hunt will be held on Saturday, April 11 at 10:00 a.m. sharp. There will be four (4) age groups searching for Easter Eggs to trade in for a bag of candy. The age groups include: 3 and under, 4-6, 7-9, and 10-12. The day will feature jump castles, amusement rides, a balloon artist, a photo booth, a face painter, ice cream and an appearance by the Easter Bunny.

Music in the Park

Saturday, May 2, 2020, the Recreation Department will host Music in the Park from 1:00 p.m. – 4:00 p.m. Residents are encouraged to bring a lawn chair or blanket to the Recreation Department grounds for an afternoon of live music featuring “The Bluestone Ramblers” and “Riverboy” bluegrass bands. A few food trucks will be there to provide food and/or snack for sale to attendees as well as a vendor offering fresh spring flowers priced by the stem. The recreation playground, fields, and gymnasium will give community children a great environment for exercise and play.

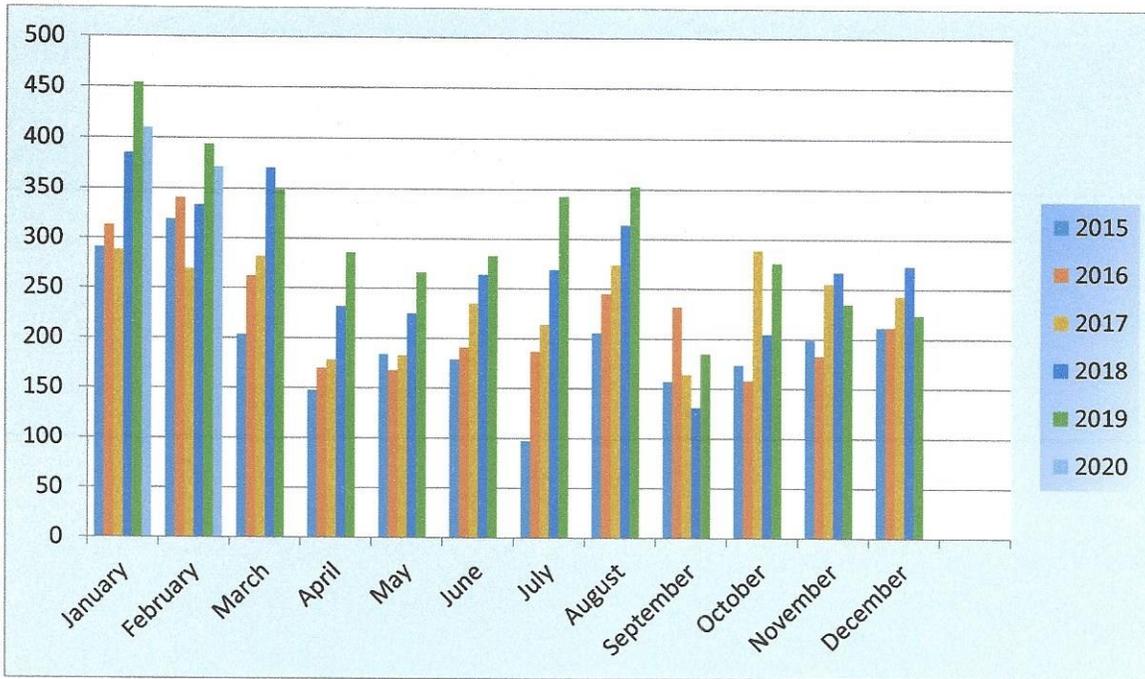
Sand Sculpting Competition

The 32nd Annual Piccolo Spoleto Sand Sculpting Competition takes place on Saturday May 30, 2020 at 9:00 a.m. on Front Beach Isle of Palms. The event is free to residents and island visitors who would like to compete or spectate the four division competition. Each age group will be given the opportunity to win 1st, 2nd, and 3rd prizes donated by sponsors after being judged for the following prize categories: Most Creative, Best Architectural, and Best in Show.

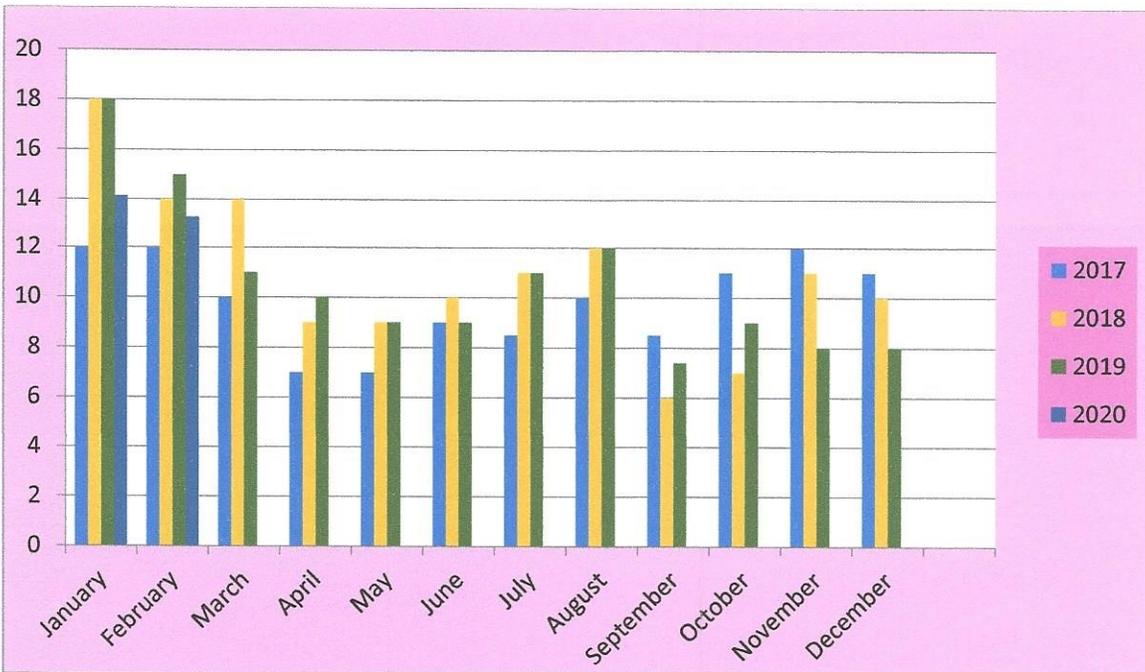
Summer Camp

Registration for Summer Camp will open on March 2, 2020. The seven week themed camp program will offer children the opportunity to participate in creative and athletic activities which include field trips designed to promote health and wellness in a fun and friendly way. The first week of Camp Summershine and Wee Camp begins June 15 with the last week beginning on July 27. This program will be in session Monday through Friday from 9:00 a.m. until 3:00 p.m.

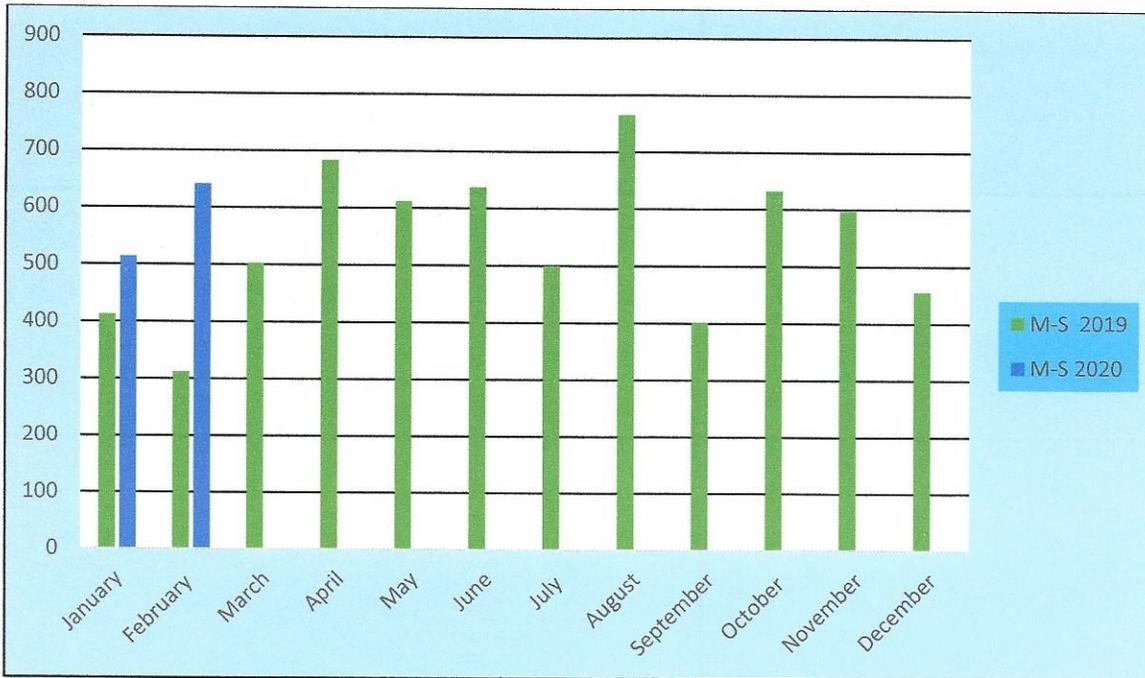
TOTAL NUMBER OF VISITS IN CARDIO ROOM



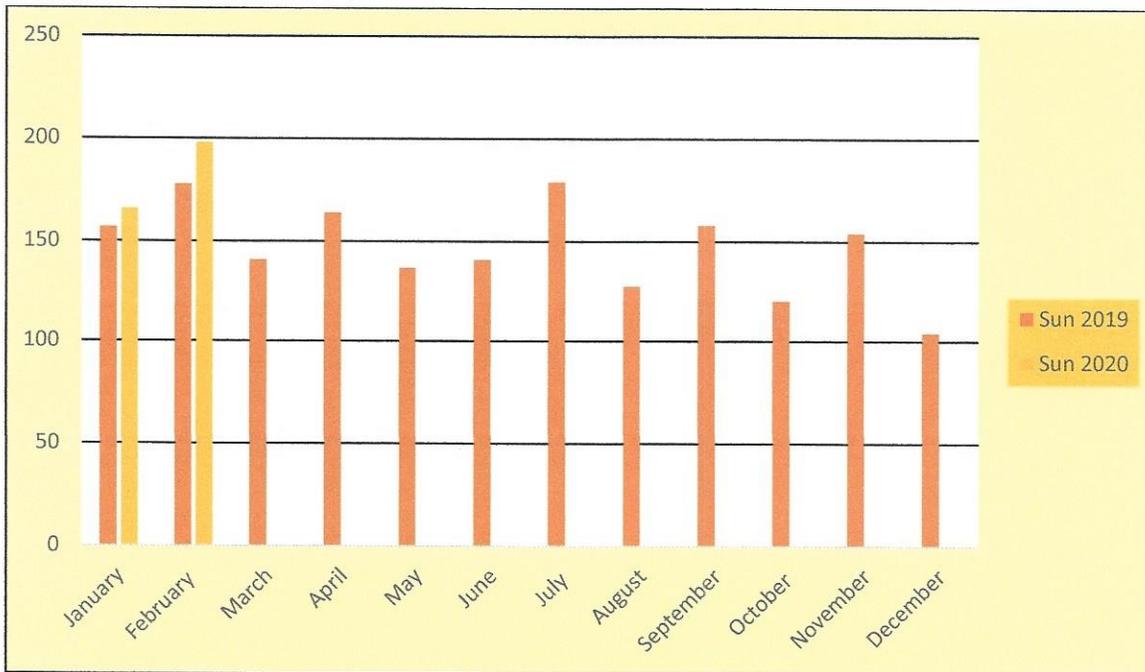
CARDIO ROOM AVERAGE DAILY ATTENDANCE



OPEN GYM PARTICIPATION – MONDAY - SATURDAY



ADULT AND FAMILY GYM PARTICIPATION - SUNDAYS



Gymnasium & Cardio Schedule

March 2020

Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Adult Play 1pm-3pm Open Family Gym 3pm-5pm	2 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	3 Open Gym 7:00am - 9:30am 12:30pm - 6:30pm Table Tennis 10am - 12:30pm Adult 3 on 3 7:00pm - 9:00pm	4 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	5 Open Gym 7:00am - 6:00pm Table Tennis (1/2court) 10am - 12:30pm	6 Open Gym 7:00am - 4:45pm	7 Open Gym 8:00am-9:45am TKD 10am - 12:30pm Front Beach Festival Building Closes at Noon	
8 Adult Play 1pm-3pm Open Family Gym 3pm-5pm	9 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	10 Open Gym 7:00am - 9:30am 12:30pm - 6:30pm Table Tennis 10am - 12:30pm Adult 3 on 3 7:00pm - 9:00pm	11 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	12 Open Gym 7:00am - 6:00pm Table Tennis (1/2court) 10am - 12:30pm	13 Open Gym 7:00am - 12:00pm TKD Prep & Cleaning	14 Open Gym 8:00am-9:45am 1:00pm - 5:00pm TKD 10am - 12:30pm	
15 Adult Play 1pm-3pm Open Family Gym 3pm-5pm	16 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	17 Open Gym 7:00am - 9:30am 12:30pm - 6:30pm Table Tennis 10am - 12:30pm Adult 3 on 3 7:00pm - 9:00pm	18 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	19 Open Gym 7:00am - 6:00pm Table Tennis (1/2court) 10am - 12:30pm	20 Open Gym 7:00am - 4:45pm	21 Gymnasium Closed TKD Tournament 10:00am	
22 Adult Play 1pm-3pm Open Family Gym 3pm-5pm	23 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	24 Open Gym 7:00am - 9:30am 12:30pm - 6:30pm Table Tennis 10am - 12:30pm Adult 3 on 3 7:00pm - 9:00pm	25 Open Gym 7:00am - 6:30pm TKD 7:00pm - 8:30pm	26 Open Gym 7:00am - 6:00pm Table Tennis (1/2court) 10am - 12:30pm	27 Open Gym 7:00am - 4:45pm	28 Open Gym 8:00am-9:45am 1:00pm - 5:00pm TKD 10am - 12:30pm	
29 Adult Play 1pm-3pm Open Gym 3pm-5pm	30 Open Gym 7:00am - 6:00pm Dog Obedience 6:30pm - 8:30pm	31 Open Gym 7:00am - 9:30am 12:30pm - 6:30pm Table Tennis 10am - 12:30pm Adult 3 on 3 7:00pm - 9:00pm	Cardio Room Monday: 7:00am - 6:30pm Tuesday: 7:00am - 6:30pm Wednesday: 7:00am - 7:00pm Thursday: 7:00am - 6:30pm Friday: 7:00am - 5:00pm Saturday: 8:00am - 5:00pm Sunday: 1:00pm - 5:00pm				

Recreation activities have first priority, schedule subject to change

Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Open Gym</p> <p>1pm - 3pm Adult Play</p> <p>3pm - 5pm Open Family Gym</p>	<p>2 IOP Residents Camp Lottery Open</p> <p>7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience</p>	<p>3</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing 10:45 Tai Chi 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 4:15 Cheernastics 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 Dog Obedience 7:00 Adult 3 on3 B-ball 7:00 Adult 6v6 soccer</p>	<p>4</p> <p>7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 KEENAGERS 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Evening Yoga 5:30 Cardio & Strength 7:00 TKD</p>	<p>5</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Romeo & Juliet 4:00 Baseball Practice 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 7:00 Adult Softball</p>	<p>6</p> <p>7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice</p>	<p>7</p> <p>9am TKD Youth 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am</p> <p>FRONT BEACH FEST 12PM - 4PM</p>  <p>FRONT BEACH IOP FREE EVENT!</p> <p>Building Closes at Noon</p>
<p>8 Open Gym</p> <p>1pm - 3pm Adult Play</p> <p>3pm - 5pm Open Family Gym</p>	<p>9</p> <p>7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience</p>	<p>10</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing 10:45 Tai Chi 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 3:30 Tiny Tennis 4:00 Baseball Practice 4:15 Cheernastics 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 6:30 Dog Obedience 7:00 Adult 3 on3 B-ball 7:00 Adult 6v6 soccer</p>	<p>11</p> <p>7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Evening Yoga 5:30 Cardio & Strength 7:00 TKD</p>	<p>12</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 3:30 Tiny Tennis 4:00 Budget Workshop 4:00 Romeo & Juliet 4:00 Baseball Practice 5:00 Beginner Tennis 5:30 Fit Body in 50 6:00 Inter. Tennis 7:00 Adult Softball</p>	<p>13 IOP Residents Camp Lottery Closed</p> <p>7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice</p>	<p>14</p> <p>9am Fast Start Baseball 9am TKD Youth 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 1:00pm - 5:00pm</p>
<p>15 Open Gym</p> <p>1pm - 3pm Adult Play</p> <p>3pm - 5pm Open Family Gym</p>	<p>16 Camp Lottery Announced</p> <p>7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience</p>	<p>17</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing 10:45 Tai Chi 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 4:00 Baseball Practice 4:15 Cheernastics 5:30 Fit Body in 50 6:30 Dog Obedience 7:00 Adult 3 on3 B-ball 7:00 Adult 6v6 soccer</p>	<p>18</p> <p>7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Capital Kid\$ 5:30 Evening Yoga 5:30 Cardio & Strength 6:00 ASL Class 7:00 TKD</p>	<p>19</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 4:00 Baseball Practice 4:00 Romeo & Juliet 4:00 Social Media 5:30 Fit Body in 50 7:00 Adult Softball</p>	<p>20 Gym Closes at Noon</p> <p>7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice</p>	<p>21 Gymnasium Closed</p> <p>9am Fast Start Baseball 9am TKD Youth 10am Yoga 10am TKD Tournament</p> 
<p>22 Open Gym</p> <p>1pm - 3pm Adult Play</p> <p>3pm - 5pm Open Family Gym</p>	<p>23</p> <p>7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience</p>	<p>24</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing 10:45 Tai Chi 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 4:00 Baseball Practice 4:15 Cheernastics 5:30 Fit Body in 50 6:30 Dog Obedience 7:00 Adult 3 on3 B-ball 7:00 Adult 6v6 soccer</p>	<p>25</p> <p>7am Boot Camp 8am TBC 8:15 Little Lotus Yoga 8:30 Adult Tennis 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Wood Carving 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 4:00 Capital Kid\$ 5:30 Evening Yoga 5:30 Cardio & Strength 6:00 ASL Class 7:00 TKD</p>	<p>26</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 9:30 Line Dancing 10:00 Table Tennis 10:30 Core & More 10:45 Pickle Ball 12:00 Science with SAM 3:00 Over 50 Fitness 4:00 Baseball Practice 4:00 Romeo & Juliet 4:00 Social Media 5:30 Fit Body in 50 7:00 Adult Softball</p>	<p>27</p> <p>7am Boot Camp 8:00 TBC 9:00 IOP Kids 9:15 Yoga 9:30 Mommy & Me 12:00 Mini Minnows 4:00 Baseball Practice</p>	<p>28</p> <p>9am TKD Youth 10am Yoga 10am Adult TKD <u>Open Gym</u> 8:00am - 9:45am 1:00pm - 5:00pm</p> <p>IOP YARD SALE 8AM - NOON</p> 
<p>29 Open Gym</p> <p>1pm - 3pm Adult Play</p> <p>3pm - 5pm Open Family Gym</p>	<p>30</p> <p>7am Boot Camp 8am TBC 9:00 IOP Kids 9:00 Barre 9:15 Yoga 10:00 Knit & Stitch 10:30 Core & More 12:00 Mah Jongg 12:00 Mini Minnows 3:00 Sr. Exercise 4:00 Baseball Practice 5:30 Cardio & Strength 6:30 TKD 6:30 Dog Obedience</p>	<p>31</p> <p>8:00 TBC 9:00 IOP Kids 9:30 Fit Body in 50 10:00 Table Tennis 10:00 Writing 10:45 Tai Chi 10:45 Pickle Ball 1:00 Game Room 3:00 Over 50 Fitness 3:30 Gymnastics 4:00 Baseball Practice 4:15 Cheernastics 5:30 Fit Body in 50 6:30 Dog Obedience 7:00 Adult 3 on3 B-ball 7:00 Adult 6v6 soccer</p>	<p>IOP EASTER EGG HUNT</p> <p>Saturday, April 11 10am SHARP!</p>   <p>Egg Hunt, Easter Bunny, Candy, Jump Castles, Face Painter, Balloon Artist & Lots of FUN!</p>			



Isle of Palms Recreation Center
#24 28th Avenue
Isle of Palms, SC 29451
(843)886-8294



MARCH CLASS SCHEDULE AND SPECIAL EVENTS

Monday:
BOOT CAMP
 7:00am-8:00am \$10 per class

TOTAL BODY CHALLENGE
 8:00am-9:00am \$8 per class

BARRE & MORE
 9:00am-10:00am \$10 per class

YOGA
 9:15am-10:15am \$10 per class

CORE & MORE
 10:30am - 11:30am \$12 per Class

CARDIO & STRENGTH
 5:30pm-6:30pm \$10 per class

 * Cardio Room: 7:00am-6:30pm

Tuesday:
TOTAL BODY CHALLENGE
 8:00am-9:00am \$8 per class

FITBODY IN 50
 5:30pm-6:30pm \$12 per class

TAI CHI/QIGONG
 10:45am-12:00pm \$10 per class

OVER 50 FITNESS
 3:00pm-4:00pm \$10 per class

 * Cardio Room: 7:00am-6:30pm

Wednesday:
BOOT CAMP
 7:00am-8:00am \$10 per class

TOTAL BODY CHALLENGE
 8:00am-9:00am \$8 per class

BARRE & MORE
 9:00am-10:00am \$10 per class

YOGA
 9:15am-10:15am \$10 per class

YOGA
 5:30pm-6:30pm \$10 per class

CARDIO & STRENGTH
 5:30pm-6:30pm \$10 per class

 *Cardio Room: 7:00am - 7:00pm

Thursday:
TOTAL BODY CHALLENGE
 8:00am-9:00am \$8 per class

FITBODY IN 50
 5:30pm-6:30pm \$12 per class

CORE & MORE
 10:30am - 11:30am \$12 per class

OVER 50 FITNESS
 3:00pm-4:00pm \$10 per class

 * Cardio Room 7:00am - 6:30pm

Friday:
BOOT CAMP
 7:00am-8:00am \$10 per class

TOTAL BODY CHALLENGE
 8:00am-9:00am \$8 per class

YOGA
 9:15am-10:15am \$10 per class

 * Cardio Room: 7:00am-5:00pm

Saturdays:
YOGA
 10:00am-11:15am \$12 per class

OPEN GYM:
 8:00am - 9:45am
 1:00pm - 5:00pm

 *Cardio Room: 8:00pm -5:00pm

Sundays:
OPEN GYM 1:00pm - 5:00pm
 1:00pm - 3:00pm Adult Gym
 3:00pm - 5:00pm Family Gym

 *Cardio Room: 1:00pm - 5:00pm



SUMMER CAMP LOTTERY INFORMATION

Our summer camp program is extremely popular, and in order to make sure that we can accommodate children as fairly as possible, this years registration will be conducted through a lottery.

LOTTERY REGISTRATION DATES:

Monday, March 2 - Friday, March 13, 2020 - Isle of Palms Residents Only
 If spaces remain registration will open to non-residents on Monday, March 30. Residents can enter the lottery any time from March 2 - March 13. Entering early will not increase your chances of enrollment. Lottery will be run on Monday, March 16. After the lottery has been run, participants will receive an email stating enrollment or waitlist.

Children must be between the ages of 3 - 12 years old by September 1, 2019. Grandparents: Grandchildren need to reside 50 miles away or more in order to be registered. All siblings need to be registered for interested weeks of camp.

Enrolling in Summer Camp: Residents will be notified by email. Full payment is due once selected. Participants can fill forms out online or in person. Participants will have one week to pay the balance in order to reserve the spot. After one week, unpaid spots will be offered to individuals on waitlist.

MUSIC IN THE PARK

Saturday, May 2
1:00pm - 4:00pm



Bring lawn chairs and enjoy an afternoon of music in the park! Food Vendors onsite providing refreshments.
FREE EVENT!

City of Isle of Palms Recreation Staff

