



# **RECREATION DEPARTMENT**

## **MONTHLY REPORT**

### **January 2020**

**STAFF:** Norma Jean Page, Recreation Director  
Karrie Ferrell, Assistant Director (programs)  
Aaron Sweet, Recreation Supervisor (athletics)  
Christopher Bako, Parks & Grounds Supervisor  
Andrea Harrison, Recreation Supervisor (special events)  
Holly Norton, Community Specialist  
Joshua Key, Parks & Facilities Specialist

## PROGRAMS AND CLASSES

### **Acting Performance Workshop**

*Romeo and Juliet* acting workshop started on Thursday, January 23 at 4:00 p.m. Nine (9) children are participating in the class. Participants will build on the fundamentals of acting with games that use body movement and improvisation. Participants will perform *Romeo and Juliet* for family and friends at the end of the session. The performance is scheduled for Thursday, March 26 at 5:30 p.m. The Summer Acting Camp is scheduled for August 3 – August 7, 2020 registration for camp is open. Jean Schubert, Instructor.

### **Ballet**

Class is for children 2 – 5 years old and held on Mondays at 10:30 a.m. Next session begins Monday, February 3. Kim Chesley-Breland, Instructor.

### **Barre & More**

Nine (9) people have been participating in the Barre class. Class is held on Mondays and Wednesdays at 9:00 a.m. in the Palmetto Room. Class is a part of the Fitness Pass Membership. Angela Reinhardt, Instructor.

### **Boot Camp**

Four (4) people have been participating in the Boot Camp class held on Monday/Wednesday/Friday mornings at 7:00 a.m. Class is a part of the Fitness Pass Membership. Class is held in the High Tide/Low Tide Room. Pat Boyd, Instructor.

### **Cardio & Strength**

Four (4) people have been participating in this class that is held on Mondays and Wednesdays at 5:30 p.m. Class is a part of the monthly Fitness Membership. Elizabeth Hudson, Instructor.

### **Cheernastics**

Five (5) girls have been participating in the Cheerleading/tumble class held on Tuesdays at 4:15 p.m. the next session is scheduled to start Tuesday, February 18. Kaylie Penninger, Instructor.

### **Core & More**

Six (6) people have been participating in the Core & More class scheduled on Monday and Thursday mornings at 10:30 a.m. Class is part of the Fitness Membership. Class is held in the High Tide/Low Tide Room. Jeromy Miller and Angela Reinhardt, Instructors.

### **Dog Obedience**

Kinderpuppy started Monday, January 6 at 6:30 p.m. Class is full with eight (8) participants. The next session is scheduled for Monday, March 2, the class is full.

Just the Basics started Monday, January 6 at 7:30 p.m. Class is full with eight (8) participants. The next session is scheduled to start Tuesday, March 3, the class is full.

Canine Good Citizenship started Tuesday, January 7 at 6:30 p.m. There are six (6) participants participating in the class. The next class is scheduled for Tuesday, March 3, currently three (3) participants are pre-registered.

Canine Acting & Tricks started Tuesday, January 7 at 7:30 p.m. Class is full with seven (7) participants. Susan Marett, Instructor.

**FitBody in 50**

Ten (10) people have been participating in the FitBody class offered Tuesdays and Thursdays. Currently seven (7) people have been participating in the 9:30 a.m. class and three (3) people in the 5:30 p.m. class. Class is held in the High Tide/Low Tide Room. Geri D'Italia, Instructor.

**Fitness Membership**

Fitness class pass includes 10 classes for \$75 and allows participants to customize their fitness experience at the Recreation center. Classes include Total Body Challenge, Boot Camp, Barre, FitBody in 50, Core & More, Yoga and Cardio & Strength classes.

**Game Room**

Card games, dominoes, scrabble. A time to sit, socialize and enjoy games with friends. Game time moved from Fridays to Tuesdays from 1:00 p.m. – 3:00 p.m. in the Tadpole Room.

**Gather Knit & Stitch**

Six (6) ladies have been meeting in the lobby to socialize and knit. The group is free and self-led. Participants assist each other in techniques and share patterns and knowledge. Gather Knit & Stich is held on Monday mornings from 10:00 a.m. – 12:00 p.m. in the Recreation Lobby.

**Gymnastics**

Seventeen (17) children are registered for Gymnastics. The next session of gymnastics is scheduled to begin Tuesday, February 18 at 3:30 p.m. Tricha Tapio, Instructor.

**IOP Kids: 3-year old Pre-K Program**

The IOP Kids program is full with ten (10) participants enrolled Monday/Wednesday/Friday and nine (9) enrolled on Tuesday/Thursday. IOP Kids is a structured play group that gives children the opportunity to socialize and cooperate with peers in a classroom setting. Class follows the Charleston County School Calendar and the City of Isle of Palms Holiday schedule. Cathy Adams, Instructor.

**Line Dancing**

Nine (9) men and woman have been participating in the Line Dancing class. Class is held on Thursdays from 9:30 a.m. – 10:30 a.m. in the Magnolia/Palmetto Room. Tricha Leonard, Instructor.

**Mah Jongg**

Twelve (12) ladies have been participating in the mah jongg social group. The ladies welcome new members. Group meets in the Tadpole Room on Mondays from 12:00 p.m. – 3:00 p.m.

**Mini Minnows**

Ten (10) children are participating in the program. Class is held on Mondays/Wednesdays and Fridays from 12:00 p.m. – 3:00 p.m. Cathy Adams, Instructor.

**Mommy /Daddy & Me**

Parent/Tot play group meet and socialize on Friday mornings from 9:30 a.m. – 11:00 a.m. The program is free and meets in the Tadpole Room.



**Over 50 Fitness**

Twelve (12) seniors have been participating in the senior fitness class held on Tuesdays and Thursdays at 3:00 p.m. Judy Fischer, Instructor.

**Pickle Ball Lessons:**

Three (3) people are registered and have been participating in Pickle Ball. Geri D'Italia, Instructor.

**Senior Exercise: Enhance Fitness**

Enhance Fitness is a county wide grant program administered through Roper Saint Francis Hospital. Currently fifty-eight people (58) are enrolled in the class approximately forty (40) attend class on a regular basis. Class is held on Mondays and Wednesdays at 3:00 p.m. in the High Tide/Low Tide Room. Class currently has a waiting list. Judy Fischer, Instructor.

**Spanish: Conversational Class**

Class is scheduled to start Wednesday, February, 12 at 6:00 p.m. Seth Mason, Instructor.

**Youth Tae Kwon Do**

Four (4) children have been participating in the Youth Tae Kwon Do class. Class is held on Saturday mornings in the Palmetto Room and Gymnasium at 9:00 a.m. Jack Emmel, Instructor.

**Adult Tae Kwon Do**

Fifteen (15) adults have been participating in the Tae Kwon Do class. Class is held Monday evenings, Wednesday evenings and Saturday mornings. Class is held in the gymnasium. Jack Emmel, Instructor.

**Tai Chi/Qigong**

Five (5) people have been participating in the Tai Chi class held on Tuesdays at 10:45 a.m. in the High Tide/Low Tide Room. Connie Cossetti, Instructor.

**Adult Tennis**

Twelve (12) participants have been meeting for Beginner and Intermediate tennis lessons. Intermediate Tennis meets at 8:30 a.m. and the beginner group meets at 9:30 a.m. Corinne Enright, Instructor.

**Tennis Youth Programs**

All sessions continue to fill in the first week of registration. Some changes were made to the program in hopes to create a few more spaces. The Tiny Tennis group is for children ages 4-8 years, the Beginner class is for children 7-11 years and the Intermediate is for 11 years and older. All classes are based on skill level, the instructor will evaluate and place children in the correct class if needed.

Tiny Tennis (4-8yrs): Will play on a 36 foot court with red ball (low compression). The 4 and 5 year old group will play for 30 minutes and the 6-8 year old group will play for 1 hour.

Currently both Tuesday and Thursday classes are full for the next session set to start February 11.

Beginner Tennis: Will play on a 60 foot court with orange ball. Both Tuesday and Thursday classes are full for January. A maximum of 8 children are participating in the class.

Intermediate Tennis: Will play full court. There are currently 5 participants who have been playing consistently. The group meets on Thursdays at 6:00pm.

### **Total Body Challenge**

Thirty-nine (39) people have been participating in the morning fitness class. Class is scheduled Monday – Friday at 8:00 a.m. – 9:00 a.m. in the High Tide/Low Tide Room. Pat Boyd teaches Monday/Wednesday/Fridays and Angela Reinhardt teaches Tuesdays/Thursdays.

### **Volleyball League Play**

The next session of volleyball is scheduled to start Thursday, May 7. League Play is for students in 4 & 5 grades, middle school students and an advance play middle school.

Laura & Kreg Togami, Instructors/Coach

### **Wood Carving**

Seven (7) gentleman have been meeting on Wednesdays from 10:00 a.m. – 12:00 p.m. to socialize and whittle. Class is free and meets in the Tadpole Room.

### **Evening Yoga**

Nine (9) people have been participating in the evening yoga class held on Wednesdays at 5:30 p.m. class is held in the Palmetto Room. Jen DeGoyler, Instructor

### **Morning Yoga**

Twenty –Two (22) people have been participating in the morning yoga class held on Monday/Wednesday/Friday mornings from 9:15 a.m. – 10:15 a.m. Class is held in the High Tide/ Low Tide Room. Pat Boyd, Instructor.

### **Saturday Yoga**

Eighteen (18) people have been participating in the Saturday yoga class. Class is held at 10:00 a.m. in the Palmetto Room. Jen DeGoyler, Instructor.

### **Handling Social Media with Confidence and Grace**

Class is scheduled for Thursdays starting in March. Class is for girl's ages 11 years & up. Topics include the staying power of social media, stranger danger, cyber bullying and so much more. Social media is not encouraged and there is no screen time in class. All informational topics, what to know and parents are there to help. Instructed by Kensington Enrichment, Dette Elgin.

### **Farm to Table**

A fun hands on program that addresses the relationship between students, communities and the environment. Local foods, where do they come from, health and nutrition, gardening and more. Class is for children ages 5- 10 years old. Instructed by Kensington Enrichment, Dette Elgin.



### **Capital Kid\$**

Capital Kids is a new class to the recreation department, helping children develop life skills in the area of financial literacy and entrepreneurship. Activities include coloring sheets, number rhymes, storytelling and counting songs. Biz Kids projects include "The Envelope Please" which will introduce the concept of Save, spend and give. The next session is for children ages 6-10 and will be held on Wednesday, March 18 at 4:00 p.m. Instructed by Kensington Enrichment, Dette Elgin.

### **Writing Your Memoirs**

Three (3) participants are currently registered for the next session of writing. The class is scheduled to start Tuesday, February 4 at 10:00 a.m. The group will welcome a new instructor and one of their friends, Holly Vories.

## **Special Events**

### **Keenagers Social Group**

Keenagers gathered for a covered dish luncheon in January. After lunch, Detective Louise Hardy led several rounds of BINGO where prizes were awarded to winners.

### **Doggie Day at the Rec**

The 14<sup>th</sup> Annual Doggie Day at the Rec will be held on February 8, 2020 from 9 a.m. until noon. This event is for canine enthusiasts and is designed to promote the health and well-being of dogs in our community. The Recreation Department will serve as a convenient venue for vaccinations and microchipping at a discounted price as well as Isle of Palms dog licenses for residents. This community awareness day will also advocate for local adoption/rescue agencies and provide education for current and potential pet owners. Proud dog owners will be given the spotlight to show off their beloved pets in the Dog Show Contest which will feature an assortment of prizes for category winners, and a Good Citizenship testing will be administered to promote the benefit and joy of training well-adjusted canine companions.

### **Front Beach Festival**

On March 7, 2020, a portion of Ocean Blvd will be closed to kick off the 2020 beach season with Front Beach Fest from 12 p.m. - 4 p.m. This festival will feature live music by *The Holiday Band* and back by popular demand, *The Tams*. This family friendly street fair includes street performers and plenty of activities for children. A spring time vendor villager will showcase local art and crafts that will be available for purchase, and the event will feature a rally of local restaurants and food trucks to offer a variety of menu items for sale to hungry festival goers.

### **Community Yard Sale**

The Annual Community Yard Sale is scheduled for Saturday, March 28 from 8 a.m. – 12 p.m. Over 40 vendors will have the opportunity to purchase a vendor space and sell used items in "excellent, or like new" condition on Hartnett Boulevard between 27<sup>th</sup> and 29<sup>th</sup> Avenue.

### **Easter Egg Hunt**

The Annual Isle of Palms Easter Egg Hunt will be held on Saturday, April 11<sup>th</sup> at 10:00 a.m. sharp. There will be four (4) age groups searching for Easter Eggs to hand in for a bag of candy. The age groups include: 3 and under, 4-6, 7-9, and 10-12. The day will feature jump castles, a balloon artist, a photo booth, a face painter, cotton candy and an appearance by the Easter Bunny.

### **Music in the Park**

On Saturday, May 2, 2020, the Recreation Department will host Music in the Park from 1 p.m. – 4 p.m. Residents are encouraged to bring a lawn chair or blanket to the Recreation grounds for an afternoon of live music featuring The Bluestone Ramblers and Riverboy bluegrass bands. A few food trucks will be given the opportunity to participate and provide food and/or snack to attendees. The recreation playground, fields, and gymnasium will give community children a great environment for exercise and play.

### **Sand Sculpting Contest**

Sand Sculpting is scheduled for Saturday, May 30 beginning at 9:00 a.m. Prizes and sponsors are being secured.

### **Camp Summershine & Wee Camp**

2020 Summer Camp Lottery will be held March 2 through March 13. Island Residents and Grandparents residing on the Isle of Palms when grandchildren reside at least 50 miles from 29451 zip code will be able to register at any time during the process. The Recreation Department is working with City Administration to format an online form and the opportunity for residents to pay for camp online.

The Lottery will run on March 16, participants will be notified at that time if they were selected for enrollment or waitlist into the camp program. If spaces remain non-residents will be able to register on Monday, March 30.

## **ATHLETICS**

### **Adult Athletics**

Registration will be held for Adult Athletics from January 21 – February 14, 2020.

### **Adult Softball**

Team fees are \$425 per team. The next league will begin in March 2020.

### **Adult Spring 3 on 3 Basketball**

Team fees are \$60 per team. The next league will begin in March 2020.

### **Adult Spring 6 vs. 6 Soccer**

Team fees are \$250 per team. The next league will begin in March 2020.



## **Adult Spring Table Tennis Singles League**

The fees per player are \$10 each. The next league will begin in March 2020.

## **Youth Athletics**

### **Fall 2019 - 2020 Youth Basketball**

A total of 145 children have registered for the 2019-2020 youth basketball program. Practices are ongoing until the end of the season for 9/10yr and 11-14yr old teams, practices end once games begin for the younger age groups. Games started January 8, 2020. At the conclusion of each league all youth participants will receive a player participation medal.

### **Youth Baseball**

Registration started on January 21<sup>st</sup> for residents only of Isle of Palms and Sullivan's Island. Starting January 27<sup>th</sup> Non-Residents can begin to register. Fees are \$20/\$30 for residents or \$45/\$55 for non-residents.

### **Youth Baseball Registration: (as of 1/27/20)**

|        |           |                  |                   |                  |
|--------|-----------|------------------|-------------------|------------------|
| 3/4yr  | Total: 24 | IOP resident: 16 | M.P. resident: 8  | S.I. resident: 0 |
| 5/6yr  | Total: 34 | IOP resident: 29 | M.P. resident: 5  | S.I. resident: 0 |
| 7/8yr  | Total: 34 | IOP resident: 17 | M.P. resident: 12 | S.I. resident: 5 |
| 9-12yr | Total: 9  | IOP resident: 9  | M.P. resident: 0  | S.I. resident: 0 |

## **Parks & Facilities**

### **Housekeeping**

Performed routine housekeeping duties and monthly inspections  
Cleaned and serviced housekeeping maintenance equipment.  
Replaced and refilled air fresheners and other sanitary devices.  
Cleaned gymnastics equipment and toys is electrostatic spray

### **Facility Preparations**

Assisted with the set-up of gymnasium and classrooms for daily scheduled programs, athletics, activities, meetings and special events.

1/8- Assisted with Keenagers

### **Interior Maintenance**

Serviced, lubricated and cleaned Cardio room equipment.  
Unclogged toilets and drains as needed.  
Replaced light bulbs and ballasts as needed.  
Machine-scrubbed the facility halls, class rooms and gym floor.  
Dusted book shelves in Magnolia room



Scrubbed tile and grout lines in the bathrooms and kitchen

1/2- Replaced ceiling tile in hallway outside Minnows room

1/2- Stored Christmas tree from lobby, Mag/Pal and decorations

1/3- Replaced ballast in Low Tide room.

1/9- Replaced ballast in light over the 1<sup>st</sup> stall in Women's bathroom.

1/15- Replaced ballast above front desk.

1/16- Replaced bulb in Tadpole room and in office above conference table.

1/21- Replaced 4 bulbs in gym bathrooms.

1/23- Replaced 18 floor tiles in gym damaged from moving pallets from old floor.

1/23- Replaced 4 light bulbs in kitchen.

1/23- Replaced control module in hand dryer in women's restroom.

1/24- Replaced clutch plate, filter & frame assembly, manual sol valve, supply tube and fittings for the scrubber.

### **Exterior Maintenance**

Inspected equipment, collected lost & found items and removed debris around the playground.

Removed trash and debris from around the building.

Removed wasp nests

1/10- Took down Christmas tree out front and put into storage unit

1/21- Assisted Chris with taking down the batting cage nets.

1/28- Helped Chris install batting cage nets.

### **Service Projects**

1/2- **East Cooper Heating & Air**-quote to replace HVAC units (offices)

1/7- Carolina Gas- refilled propane tank

1/8- **AC Heating & Air Conditioning Services**-quote to replace HVAC units (offices)

1/21- **Charleston Fitness**- replaced wheels on elliptical closest to wall.

1/24- **Roto Rooter**- snaked drains in gym restrooms.

1/29- **Flying Locksmiths**- Repaired High Tide room door handle and lock

## **PARKS & GROUNDS MAINTENANCE**

### **Recreation Building and Activities**

Completed monthly reports

Attended staff meetings

### **Recreation Grounds**

Cleaned trash and debris from grounds

Trimmed trees, bushes and walkways around the complex

Pulled/sprayed weeds from beds around building, as needed

Applied fire ant spray as needed on fields, walkways and picnic shelter

### **Playground**

Installed new tots swings seats and chains

Removed trash/recycling weekly

Re-leveled playground weekly

Weekly inspection and safety check of playground

Sprayed herbicide to control weeds in mulch

### **Basketball and Tennis Courts**

Cleaning of courts daily

Sprayed for fire ants and weeds, as needed.

Re-attached basketball nets and adjusted tennis nets for proper tension and height.

### **Baseball (Scalise) Field**

Groomed and edged infield

Sprayed for weed killer and for fire ants as needed

Mowed field weekly

Applied insect control to turf

### **Softball (Clarkin) Field**

Applied herbicide on field and dugouts

Sprayed for fire ants and applied insect control as needed

Mowed, groomed and edged infields, as needed.

Prepared field for games

### **Soccer Field**

Cleaned drain box

Set up and lined fields for soccer leagues

Applied insect control

Adjusted irrigation as needed



**Bark Park**

Filled holes and scoopers as needed  
Applied ant control  
Filled scoopers as needed  
Adjusted dog park fence and gate

**Multi-purpose Field**

Picked up debris and maintained area as needed  
Sprayed for fire ants and broadleaf weeds, as needed.  
Adjusted irrigation timer

**Batting Cages**

Removed old netting  
Ordered new signage  
Preparing to install new netting and signage

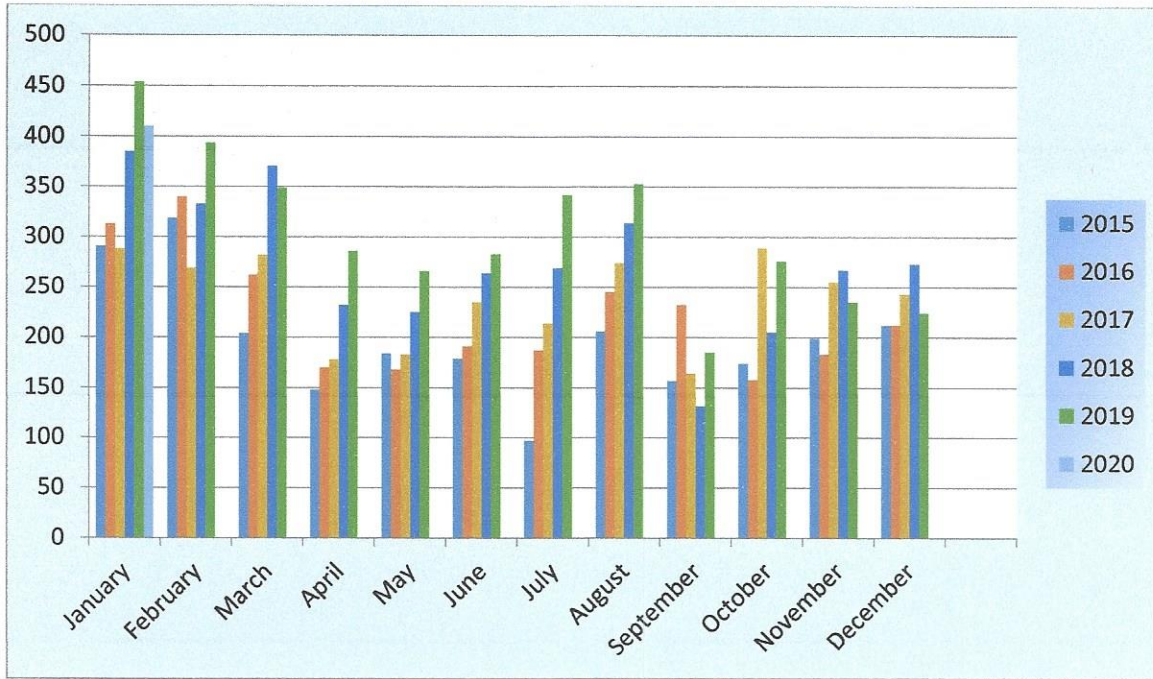
**Equipment**

Replaced blades on Toro Z-master(s)  
Cleaned Toro Workman and golf cart  
Performed oil/air filter changes on mowers

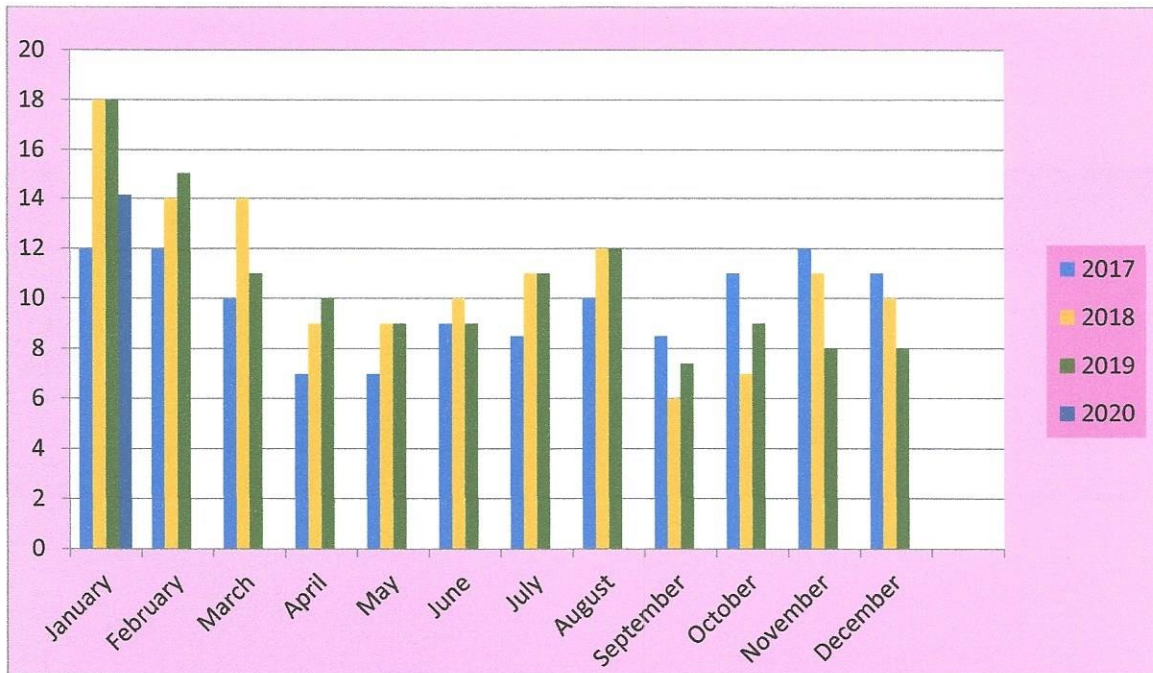
**OTHER**

Removed Holiday bows on street signs.  
Took Holiday tree down at Front Beach and returned to storage unit.  
Created and emailed in E-newsletter in January  
Working on FAQ and E-newsletter for Summer Camp  
Assisted IOP Police Department with community meetings on Thursday, January 23 and Monday, January 27  
Set-up, facilitated and cleaned up after the Marina Visioning Workshop on January 30  
Completed Social Media blasts on Facebook and updated Website  
Receiving estimates and designs for walkway/courtyard pavers at front of facility  
Attended ADA Supervisory training

### CARDIO ROOM Total Number of Visits

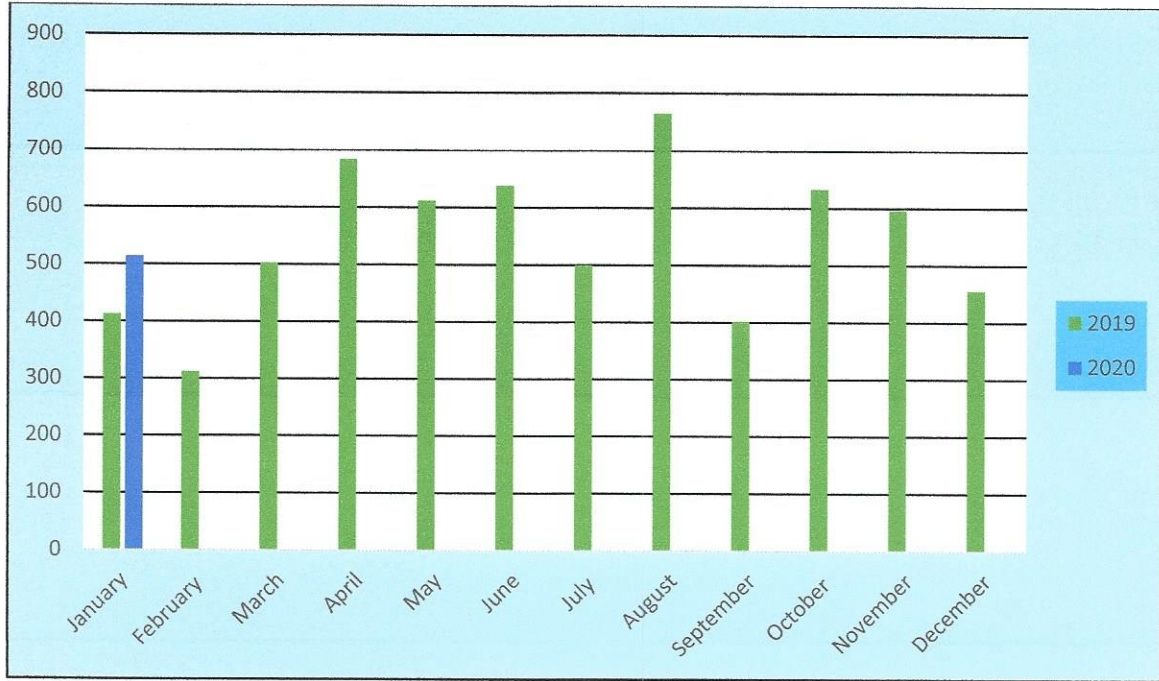


### CARDIO ROOM Average Daily Attendance

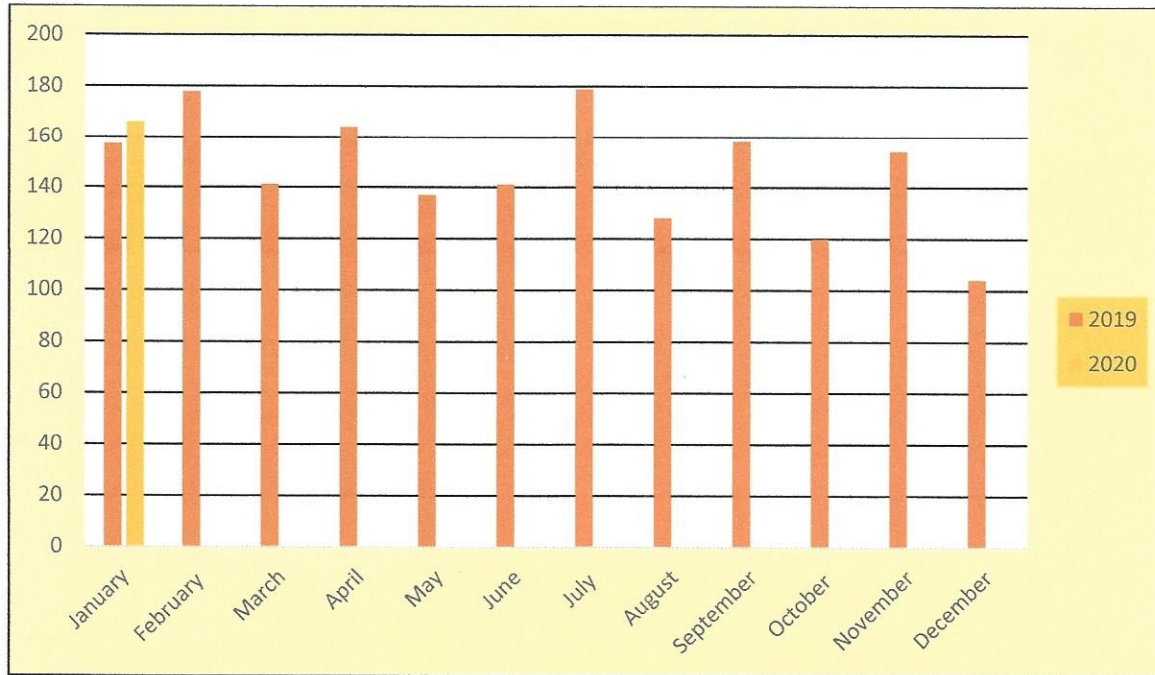




### GYM PARTICIPATION Monday - Saturday




### GYM PARTICIPATION Sunday



# Gymnasium & Cardio Schedule February 2020

# Isle of Palms Recreation Department

#24 28th Avenue Isle of Palms, SC 29451  
(843) 886-8294 www.iop.net

| Sun   | Mon   | Tue   | Wed   | Thu   | Fri   | Sat  |
|---|---|---|---|---|---|--|
| <p><b>Cardio Room</b><br/> Monday: 7:00am - 6:30pm<br/> Tuesday: 7:00am - 6:30pm<br/> Wednesday: 7:00am - 7:00pm<br/> Thursday: 7:00am - 6:30pm<br/> Friday: 7:00am - 5:00pm<br/> Saturday: 8:00am - 5:00pm<br/> Sunday: 1:00pm - 5:00pm</p>  |   |   |   |   |   | <p><b>1</b><br/> <b>Open Gym</b><br/> 8:00am-9:45am<br/> TKD<br/> 10am - 12:30pm<br/> <b>Basketball Games</b><br/> 1:00pm - 5:00pm</p> |
| <p><b>2</b><br/> Adult Play<br/> 1pm-3pm<br/> <br/> Family Play<br/> 3pm-5pm</p>  | <p><b>3</b><br/> <b>Open Gym</b><br/> 7:00am - 3:45pm<br/> <br/> <b>Basketball Practice</b><br/> 4:00pm - 6:15pm<br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p> | <p><b>4</b><br/> <b>Open Gym</b><br/> 7:00am - 3:45pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm<br/> <b>Basketball Practice</b><br/> 4:00pm - 6:30pm<br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p> | <p><b>5</b><br/> <b>Open Gym</b><br/> 7:00am - 4:30pm<br/> <br/> <b>Basketball Games</b><br/> 5:15pm - 6:45pm<br/> TKD<br/> 7:00pm - 8:30pm</p> | <p><b>6</b><br/> <b>Open Gym</b><br/> 7:00am - 4:30pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm<br/> <b>Basketball Games</b><br/> 5:15pm - 8:45pm</p> | <p><b>7</b><br/> <b>Gymnasium Closed</b><br/> <br/> Set up for<br/> <b>Doggie Day</b></p> | <p><b>8</b><br/> <b>Gymnasium Closed</b><br/> <br/> <b>Doggie Day</b><br/> <b>At</b><br/> <b>The Rec</b></p>                           |
| <p><b>9</b><br/> Adult Play<br/> 1pm-3pm<br/> <br/> Family Play<br/> 3pm-5pm</p>  | <p><b>10</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p>   | <p><b>11</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm<br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p>   | <p><b>12</b><br/> <b>Open Gym</b><br/> 7:00am - 6:30pm<br/> <br/> TKD<br/> 7:00pm - 8:30pm</p>  | <p><b>13</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm</p>  | <p><b>14</b><br/> <b>Open Gym</b><br/> 7:00am - 4:45pm</p>                                | <p><b>15</b><br/> <b>Open Gym</b><br/> 8:00am-9:45am<br/> 1:00pm - 5:00pm<br/> TKD<br/> 10am - 12:30pm</p>                             |
| <p><b>16</b><br/> Adult Play<br/> 1pm-3pm<br/> <br/> Family Play<br/> 3pm-5pm</p>   | <p><b>17</b><br/> <br/> <b>CITY HOLIDAY</b><br/> <b>RECREATION CENTER</b><br/> <b>CLOSED</b></p>  | <p><b>18</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm<br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p>   | <p><b>19</b><br/> <b>Open Gym</b><br/> 7:00am - 6:30pm<br/> <br/> TKD<br/> 7:00pm - 8:30pm</p>  | <p><b>20</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm</p>  | <p><b>21</b><br/> <b>Open Gym</b><br/> 7:00am - 4:45pm</p>                                | <p><b>22</b><br/> <b>Open Gym</b><br/> 8:00am-9:45am<br/> 1:00pm - 5:00pm<br/> TKD<br/> 10am - 12:30pm</p>                             |
| <p><b>23</b><br/> Adult Play<br/> 1pm-3pm<br/> <br/> Family Play<br/> 3pm-5pm</p>   | <p><b>24</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p>   | <p><b>25</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm<br/> <b>Dog Obedience</b><br/> 6:30pm - 8:30pm</p>   | <p><b>26</b><br/> <b>Open Gym</b><br/> 7:00am - 6:30pm<br/> <br/> TKD<br/> 7:00pm - 8:30pm</p>  | <p><b>27</b><br/> <b>Open Gym</b><br/> 7:00am - 6:00pm<br/> <br/> <b>Table Tennis (1/2court)</b><br/> 10am - 12:30pm</p>  | <p><b>28</b><br/> <b>Open Gym</b><br/> 7:00am - 4:45pm</p>                                | <p><b>29</b><br/> <b>Open Gym</b><br/> 8:00am-9:45am<br/> 1:00pm - 5:00pm<br/> TKD<br/> 10am - 12:30pm</p>                             |

\*Recreation activities have first priority, schedule subject to change\*



# Isle of Palms Recreation Department




#24 28th Avenue Isle of Palms, SC 29451

(843) 886-8294 www.iop.net

Programs, Athletics & Special Events

# February

# 2020

| Sun   | Mon  | Tue   | Wed   | Thu   | Fri  | Sat   |
|---|--|---|---|---|--|---|
|  <h2 style="margin: 0;">FRONT BEACH FEST</h2> <p style="margin: 0;">Saturday, March 7<br/>12:00pm - 4:00pm<br/>Front Beach Isle of Palms</p>  |  |   |   |   |  | <p>1<br/>9am TKD Youth<br/>10am Yoga<br/>10am Adult TKD<br/>1:00 Basketball Games<br/><u>Open Gym</u><br/>8:00am - 9:45am</p>   |
| <p>2<br/><b>Open Gym</b><br/><br/>1pm - 3pm<br/>Adult Play<br/><br/>3pm - 5pm<br/>Family Play</p>   | <p>3<br/>7am Boot Camp<br/>8am TBC<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Knit &amp; Stitch<br/>10:30 Core &amp; More<br/>12:00 Mah Jongg<br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>4:00 Basketball Practice<br/>5:30 Cardio &amp; Strength<br/>6:30 TKD<br/>6:30 Dog Obedience</p>   | <p>4<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>10:00 Table Tennis<br/>10:00 Writing<br/>10:45 Pickle Ball<br/>1:00 Game Room<br/>3:00 Over 50 Fitness<br/>3:30 Gymnastics<br/>3:30 Tiny Tennis<br/>4:00 Basketball Practice<br/>4:15 Cheernastics<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis<br/>6:30 Dog Obedience</p> | <p>5<br/>7am Boot Camp<br/>8am TBC<br/>8:15 Little Lotus Yoga<br/>8:30 Adult Tennis<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Wood Carving<br/><b>12:00 KEENAGERS</b><br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>4:00 Capital Kid\$<br/>5:15 Basketball Games<br/>5:30 Evening Yoga<br/>5:30 Cardio &amp; Strength<br/>6:00 Gardening Design<br/>6:00 American Sign Language<br/><br/>7:00 TKD<br/>7:00 Spanish II</p> | <p>6<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>9:30 Line Dancing<br/>10:00 Table Tennis<br/>10:30 Core &amp; More<br/>10:45 Pickle Ball<br/>12:00 Science with SAM<br/>3:00 Over 50 Fitness<br/>3:30 Tiny Tennis<br/>4:00 Romeo &amp; Juliet<br/>4:00 Farm to Table<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis</p>  | <p>7 <b>Gymnasium Closed</b><br/>7am Boot Camp<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:15 Yoga<br/>9:30 Mommy &amp; Me<br/>12:00 Mini Minnows</p> | <p>8 <b>Gymnasium Closed</b><br/>9am TKD Youth<br/>10am Yoga<br/>10am Adult TKD<br/><br/><b>DOGGIE DAY<br/>AT THE REC</b><br/><br/><b>9:00am - Noon<br/>Free Event</b></p> |
| <p>9<br/><b>Open Gym</b><br/><br/>1pm - 3pm<br/>Adult Play<br/><br/>3pm - 5pm<br/>Family Play</p>   | <p>10<br/>7am Boot Camp<br/>8am TBC<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Knit &amp; Stitch<br/>10:30 Core &amp; More<br/>12:00 Mah Jongg<br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>5:30 Cardio &amp; Strength<br/>6:30 TKD<br/>6:30 Dog Obedience</p>   | <p>11<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>10:00 Table Tennis<br/>10:00 Writing<br/>10:45 Pickle Ball<br/>1:00 Game Room<br/>3:00 Over 50 Fitness<br/>3:30 Gymnastics<br/>3:30 Tiny Tennis<br/>4:15 Cheernastics<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis<br/>6:30 Dog Obedience</p>                             | <p>12<br/>7am Boot Camp<br/>8am TBC<br/>8:15 Little Lotus Yoga<br/>8:30 Adult Tennis<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Wood Carving<br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>4:00 Capital Kid\$<br/>5:30 Evening Yoga<br/>5:30 Cardio &amp; Strength<br/>6:00 Gardening Design<br/>6:00 American Sign Language<br/><br/>7:00 TKD<br/>7:00 Spanish II</p>   | <p>13<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>9:30 Line Dancing<br/>10:00 Table Tennis<br/>10:30 Core &amp; More<br/>10:45 Pickle Ball<br/>12:00 Science with SAM<br/>3:00 Over 50 Fitness<br/>3:30 Tiny Tennis<br/>4:00 Romeo &amp; Juliet<br/>4:00 Farm to Table<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis</p> | <p>14<br/>7am Boot Camp<br/>8:00 TBC<br/>9:15 Yoga<br/>9:30 Mommy &amp; Me</p>   | <p>15<br/>9am TKD Youth<br/>10am Yoga<br/>10am Adult TKD<br/><u>Open Gym</u><br/>8:00am - 9:45am<br/>1:00pm - 5:00pm</p>  |
| <p>16<br/><b>Open Gym</b><br/><br/>1pm - 3pm<br/>Adult Play<br/><br/>3pm - 5pm<br/>Family Play</p>  | <p>17<br/><b>CITY HOLIDAY<br/>RECREATION CENTER<br/>CLOSED</b></p>   | <p>18<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>10:00 Table Tennis<br/>10:00 Writing<br/>10:45 Pickle Ball<br/>1:00 Game Room<br/>3:00 Over 50 Fitness<br/>3:30 Gymnastics<br/>3:30 Tiny Tennis<br/>4:15 Cheernastics<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis<br/>6:30 Dog Obedience</p>                             | <p>19<br/>7am Boot Camp<br/>8am TBC<br/>8:15 Little Lotus Yoga<br/>8:30 Adult Tennis<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Wood Carving<br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>4:00 Capital Kid\$<br/>5:30 Evening Yoga<br/>5:30 Cardio &amp; Strength<br/>6:00 Gardening Design<br/>6:00 American Sign Language<br/><br/>7:00 TKD<br/>7:00 Spanish II</p>   | <p>20<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>9:30 Line Dancing<br/>10:00 Table Tennis<br/>10:30 Core &amp; More<br/>10:45 Pickle Ball<br/>12:00 Science with SAM<br/>3:00 Over 50 Fitness<br/>3:30 Tiny Tennis<br/>4:00 Romeo &amp; Juliet<br/>4:00 Farm to Table<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis</p> | <p>21<br/>7am Boot Camp<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:15 Yoga<br/>9:30 Mommy &amp; Me<br/>12:00 Mini Minnows</p>                        | <p>22<br/>9am TKD Youth<br/>10am Yoga<br/>10am Adult TKD<br/><u>Open Gym</u><br/>8:00am - 9:45am<br/>1:00pm - 5:00pm</p>  |
| <p>23<br/><b>Open Gym</b><br/><br/>1pm - 3pm<br/>Adult Play<br/><br/>3pm - 5pm<br/>Family Play</p>  | <p>24<br/>7am Boot Camp<br/>8am TBC<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Knit &amp; Stitch<br/>10:30 Core &amp; More<br/>12:00 Mah Jongg<br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>5:30 Cardio &amp; Strength<br/>6:30 TKD<br/>6:30 Dog Obedience<br/>6:30 9-12 Baseball Skill Evaluations<br/><br/><b>Baseball Coaches Mtg.</b><br/>5:00 Fast Start 3/4yrs<br/>5:30 T-Ball 5/6yrs<br/>6:00 Mach. Pitch 7/8yrs<br/>Dixie Youth 9-12yrs<br/>After Skill Evaluation</p> | <p>25<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>10:00 Table Tennis<br/>10:00 Writing<br/>10:45 Pickle Ball<br/>1:00 Game Room<br/>3:00 Over 50 Fitness<br/>3:30 Gymnastics<br/>3:30 Tiny Tennis<br/>4:15 Cheernastics<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis<br/>6:30 Dog Obedience</p>                             | <p>26<br/>7am Boot Camp<br/>8am TBC<br/>8:15 Little Lotus Yoga<br/>8:30 Adult Tennis<br/>9:00 IOP Kids<br/>9:00 Barre<br/>9:15 Yoga<br/>10:00 Wood Carving<br/>12:00 Mini Minnows<br/>3:00 Sr. Exercise<br/>4:00 Capital Kid\$<br/>5:30 Evening Yoga<br/>5:30 Cardio &amp; Strength<br/>6:00 Gardening Design<br/>6:00 American Sign Language<br/><br/>7:00 TKD<br/>7:00 Spanish II</p>   | <p>27<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:30 Fit Body in 50<br/>9:30 Line Dancing<br/>10:00 Table Tennis<br/>10:30 Core &amp; More<br/>10:45 Pickle Ball<br/>12:00 Science with SAM<br/>3:00 Over 50 Fitness<br/>3:30 Tiny Tennis<br/>4:00 Romeo &amp; Juliet<br/>4:00 Farm to Table<br/>5:00 Beginner Tennis<br/>5:30 Fit Body in 50<br/>6:00 Inter. Tennis</p> | <p>28<br/>7am Boot Camp<br/>8:00 TBC<br/>9:00 IOP Kids<br/>9:15 Yoga<br/>9:30 Mommy &amp; Me<br/>12:00 Mini Minnows</p>                        | <p>29<br/>9am TKD Youth<br/>10am Yoga<br/>10am Adult TKD<br/><u>Open Gym</u><br/>8:00am - 9:45am<br/>1:00pm - 5:00pm</p>  |
|   |  | <p>25<br/><b>Captain's Meetings</b><br/>5:30 Adult Softball<br/>6:00 Adult Soccer<br/>6:30 Adult Basketball</p>   |   |   |  |   |





**Isle of Palms Recreation Center**  
**#24 28th Avenue**  
**Isle of Palms, SC 29451**  
**(843)886-8294**



## JANUARY CLASS SCHEDULE AND SPECIAL EVENTS

**Monday:**  
**BOOT CAMP**  
 7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE**  
 8:00am-9:00am \$8 per class

**BARRE & MORE**  
 9:00am-10:00am \$10 per class

**YOGA**  
 9:15am-10:15am \$10 per class

**CORE & MORE**  
 10:30am - 11:30am \$12 per Class

**CARDIO & STRENGTH**  
 5:30pm-6:30pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

**Tuesday:**  
**TOTAL BODY CHALLENGE**  
 8:00am-9:00am \$8 per class

**FITBODY IN 50**  
 5:30pm-6:30pm \$12 per class

**TAI CHI/QIGONG**  
 10:45am-12:00pm \$10 per class

**OVER 50 FITNESS**  
 3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-6:30pm

**Wednesday:**  
**BOOT CAMP**  
 7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE**  
 8:00am-9:00am \$8 per class

**BARRE & MORE**  
 9:00am-10:00am \$10 per class

**YOGA**  
 9:15am-10:15am \$10 per class

**YOGA**  
 5:30pm-6:30pm \$10 per class

**CARDIO & STRENGTH**  
 5:30pm-6:30pm \$10 per class

\*Cardio Room: 7:00am - 7:00pm

**Thursday:**  
**TOTAL BODY CHALLENGE**  
 8:00am-9:00am \$8 per class

**FITBODY IN 50**  
 5:30pm-6:30pm \$12 per class

**CORE & MORE**  
 10:30am - 11:30am \$12 per class

**OVER 50 FITNESS**  
 3:00pm-4:00pm \$10 per class

\* Cardio Room: 7:00am-

**Friday:**  
**BOOT CAMP**  
 7:00am-8:00am \$10 per class

**TOTAL BODY CHALLENGE**  
 8:00am-9:00am \$8 per class

**YOGA**  
 9:15am-10:15am \$10 per class

\* Cardio Room: 7:00am-5:00pm

**Saturdays:**  
**YOGA**  
 10:00am-11:15am \$12 per class

**OPEN GYM:**  
 8:00am - 9:45am  
 1:00pm - 5:00pm

\*Cardio Room: 8:00pm -5:00pm

**Sundays:**  
**OPEN GYM 1:00pm - 5:00pm**  
 1:00pm - 3:00pm Adult Gym  
 3:00pm - 5:00pm Family Gym

\*Cardio Room: 1:00pm - 5:00pm



### SUMMER CAMP LOTTERY INFORMATION

Our summer camp program is extremely popular, and in order to make sure that we can accommodate children as fairly as possible, this years registration will be conducted through a lottery.

### LOTTERY REGISTRATION DATES:

**Monday, March 2 - Friday, March 13, 2020 - Isle of Palms Residents Only**

If spaces remain registration will open to non-residents on Monday, March 30. Residents can enter the lottery any time from March 2 - March 13. Entering early will not increase your chances of enrollment. Lottery will be run on Monday, March 16. After the lottery has been run, participants will receive an email stating enrollment or waitlist.

Children must be between the ages of 3 - 12 years old by September 1, 2019. Grandparents: Grandchildren need to reside 50 miles away or more in order to be registered. All siblings need to be registered for interested weeks of camp.

Enrolling in Summer Camp: Residents will be notified by email. Full payment is due once selected. Participants will be able to pay online or in person. Participants will have one week to pay the balance in order to reserve the spot. After one week, unpaid spots will be offered to individuals on waitlist.

### IOP COMMUNITY YARD SALE

Saturday, March 28  
 8:00am - Noon

**SALE**



Spaces available for purchase at the Recreation Center. Maximum 2 spaces per vendor. Vendors will sell used or like new items. Sale of retail will not be permitted  
 \$5 Resident/Non-resident